



THE UNIVERSITY OF THE THIRD AGE

## **U3A Darebin Inc**

### **2024 Courses**

12 December 2023

#### **U3A Darebin Inc Contact Details**

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Fairfield, VIC, 3078

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## Used to enroll where no Courses have been selected

**24AAA03: Enrolment only**

**Type: None**

**Dates: 01/01/2024 - 31/12/2024**

**Frequency: None, Mon 0:00 - 0:00**

**Location: None**

**Tutor: None**

**Fee: \$0.00**

## Art

**24ART01: Drawing and Painting** **Type: Ongoing**  
**Dates: 01/02/2024 - 28/11/2024** **Frequency: Weekly Course, Thu 13:30 - 15:30**  
**Location: SPAN Community House 64 Clyde St. Thornbury** **Tutor: Janet Marlow**  
**Fee: \$0.00**

A gathering for self-motivated people who enjoy drawing, painting or mixed media, using subjects of their own choice or those supplied. Members use their own materials of choice, including water colours, pastel, pencil, water-based inks, papers etc (NB the venue does not permit oil paint). Occasional topical instruction is provided and the sociable group share knowledge, enthusiasm, support and positive feedback on work in progress.

Span Community House, 64 Clyde St Thornbury

**24ART02: Art Appreciation** **Type: Ongoing**  
**Dates: 02/02/2024 - 29/11/2024** **Frequency: 1st, 3rd and 5th Week of Month, Fri 10:00 - 11:30**  
**Location: Bent St. N 18A Bent Street Northcote** **Tutor: Alison Laird**  
**Fee: \$0.00** **Tutor2: Kevin Ritchie**

This group meets at Bent Street on the 1st Friday of the month and on any 5th Friday. Visits to exhibitions in Melbourne and regional galleries will be made on the 3rd Friday of each month. Topics include a mixture of Australian and overseas artists and a variety of periods. Members are able to participate as much or as little as they wish - to lead a class discussion, contribute to the discussion or merely listen to what others have to say!

**24ART03: Outdoor Sketching - 1st. Tuesday** **Type: Ongoing**  
**Dates: 06/02/2024 - 05/11/2024** **Frequency: 1st Week of each Month, Tue 10:00 - 12:00**  
**Location:** **Tutor: Alison Laird**  
**Fee: \$0.00** **Tutor2: Kevin Ritchie**

\*\*\*\* 1ST. TUESDAY and 3RD. WEDNESDAY each month. \*\*\*\* The Outdoor Sketching Group runs twice a month from 10am until midday. For persons who have an interest in drawing or painting outdoors and wish to join a like minded group, from beginners to experienced artists. There is no formal tuition and the location will change fortnightly.

Please also enrol in the 23ART04 class, (3rd Wednesday of the month)

**24ART04: Outdoor Sketching - 3rd. Wednesday** **Type: Ongoing**  
**Dates: 21/02/2024 - 20/11/2024** **Frequency: 3rd Week of each Month, Wed 10:00 - 12:00**  
**Location:** **Tutor: Alison Laird**  
**Fee: \$0.00** **Tutor2: Kevin Ritchie**

\*\*\* 1st. TUESDAY and 3rd. WEDNESDAY of month \*\*\* The Outdoor Sketching Group runs twice a month from 10am until midday. For persons who have an interest in drawing or painting outdoors and wish to join a like minded group, from beginners to experienced artists. There is no formal tuition and the location will change fortnightly.

Please also enrol in the 23ART03 class, (1st Tuesday of the month)

## Craft

### **24CRA01: Needlecraft 1 knit crochet cross-stitch**

**Type: Ongoing**

**Dates: 31/01/2024 - 18/12/2024**

**Frequency: Weekly Course, Wed 12:30 - 14:30**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: Jean Garita**

**Fee: \$0.00**

This is a weekly self-help class. We bring our own projects along - cross-stitch, knitting, crochet, and patchwork, anything you care to bring. We sometimes do a class project if the group wishes. If someone wants to do a project that they have not done before or if someone wants to learn a new skill, people in the group help one another and the atmosphere is very relaxed and friendly. Knitting for charities is our focus.

### **24CRA02: Craft Group**

**Type: Ongoing**

**Dates: 01/02/2024 - 27/11/2024**

**Frequency: Weekly Course, Thu 14:00 - 16:00**

**Location: 4Beans Café 22 High Street Northcote**

**Tutor: Bette Moore**

**Fee: \$0.00**

This is a friendly group of people who get together to work on their current craft interests and passions. We like to sit around and talk and share and work in a relaxed atmosphere. If you want to learn a craft skill, people will help you learn the basics and get you going.

## All special events listed here

**24EVE01: The Medieval Pilgrimage**

**Type: 1 day**

**Dates: 22/02/2024 - 22/02/2024**

**Frequency: 1 Day Course, Thu 13:00 - 14:30**

**Location: Grandview Hotel Heidelberg Road Fairfield**

**Tutor: Ann Ritchie**

**Fee: \$0.00**

The Medieval Pilgrimage Grand View Hotel Thursday February 22nd 1.0pm preceded by the possibility of lunch. Presenter: Mr Peter Conlon a former teacher and avid enthusiast of the Middle Ages This presentation will begin with an introduction to the Medieval Pilgrimage, its religious foundation and the role it played in Medieval life with a focus on the pilgrimage routes in England around the time of Chaucer. Geoffrey Chaucer himself made the Pilgrimage to Canterbury in 1386 – the inspiration for “The Canterbury Tales” written between 1387 and 1400. Then there will be an in depth discussion of the Pilgrimage to Canterbury, the death of Thomas Becket in 1170 and the subsequent suppression of the Becket Shrine and the Pilgrimage itself after 1538. The talk will take 1 hour app with time after for questions

## Exercise

**24EXE01: Walking Group - Brisk pace** **Type: Ongoing**  
**Dates: 02/02/2024 - 15/11/2024** **Frequency: First and third weeks, Fri 9:00 - 12:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Claire Dunlop**  
**Fee: \$0.00** **Tutor2: Dawn Lowery**

PLEASE NOTE: This class is held once a month on the third Friday. YOU WILL REQUIRE A GOOD LEVEL OF FITNESS as the walks are at a BRISK PACE and up to 20 kms. Join us for half and full day walks along local trails - and beyond. Some walks will include travel on public transport - including V/Line trips to regional areas. In addition, there's an informal walking group to Abbotsford Convent on the first Friday of the month, leaving Fairfield Station at 9am, (bookings for this walk are not required). This group goes throughout the year, including during school holidays, except for January.

Group meets outside Fairfield office. There is a choice of gentler walks on the 1st. Thursday (Walking, Moderate pace 23EXE02) if you feel this is more appropriate for your requirements.

**24EXE02: Walking Group - Moderate pace** **Type: None**  
**Dates: 01/02/2024 - 07/11/2024** **Frequency: 1st Week of each Month, Thu 9:00 - 12:00**  
**Location:** **Tutor: Mike Beale**  
**Fee: \$0.00** **Tutor2: Wendy Dawson**

1st THURSDAY OF THE MONTH. The walks will be AT A MODERATE PACE, the distance will be between 7 and 15kms. We may consider including one or two longer walk days during the year, to walk in locations further away from Darebin. Walks will be cancelled if forecasted temperatures are above 30 degrees or if there is persistent rain.

All the usual precautions regarding walking will be needed: good walking shoes, appropriate clothing, fitness. Participants MUST carry name tags with emergency details. FURTHER DETAILS AVAILABLE FROM LEADER  
 Address: 26 Railway Place, Fairfield

**24EXE03: Cycling Group** **Type: Ongoing**  
**Dates: 02/02/2024 - 29/11/2024** **Frequency: 2nd and 4th weeks each month, Fri 9:00 - 12:30**  
**Location:** **Tutor: Keith Burrows**  
**Fee: \$0.00** **Tutor2: Ken Thornton**

Current ability to ride a bike and previous riding experience are essential. Rides are on the 2nd and 4th Friday of the month from 9:00 am - 1:00 pm approximately. We generally meet at Fairfield Boathouse car park, Darebin Parklands car park or other locations. The rides are along bike paths and bike lanes with a few connecting roads, and a distance of between about 20 - 30 km per ride. Depending on distances, we may need to travel by train to or from Fairfield.

**24EXE041: Tai-Chi - Some Experience Term 1** **Type: Ongoing**  
**Dates: 29/01/2024 - 25/03/2024** **Frequency: Weekly Course, Mon 14:00 - 15:00**  
**Location: Bent St. N 18A Bent Street Northcote** **Tutor: Lily Liang**  
**Fee: \$42.00**

Tai Chi (Taijiquan in Chinese) is a branch of the Chinese Martial Arts (Wushu) that today is predominantly practised for health and well-being. Practising the slow and gentle movements promotes harmony in mind and body, thereby improving mobility, balance, suppleness and mental alertness. The classes also include Qigong breathing and meditation techniques with strength, flexibility, balance and coordination exercises; Lily, your qualified tutor, provides an excellent mind/body exercise program which can be adapted to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE042: Tai Chi - Some Experience Term 2** **Type: Ongoing**  
**Dates: 15/04/2024 - 10/06/2024** **Frequency: Weekly Course, Mon 14:00 - 15:00**  
**Location: Bent St. N 18A Bent Street Northcote** **Tutor: Lily Liang**

**Fee: \$42.00**

Tai Chi (Taijiquan in Chinese) is a branch of the Chinese Martial Arts (Wushu) that today is predominantly practised for health and wellbeing. Practising the slow and gentle movements promotes harmony in mind and body, thereby improving mobility, balance, suppleness and mental alertness. The classes also include Qigong breathing and meditation techniques with strength, flexibility, balance and coordination exercises; Lily, your qualified tutor, provides an excellent mind/body exercise program which can be adapted to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE043: Tai Chi - Some Experience Term 3**

**Type: None**

**Dates: 15/07/2024 - 09/09/2024**

**Frequency: Weekly Course, Mon 14:00 - 15:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Lily Liang**

**Fee: \$42.00**

Tai Chi (Taijiquan in Chinese) is a branch of the Chinese Martial Arts (Wushu) that today is predominantly practised for health and wellbeing. Practising the slow and gentle movements promotes harmony in mind and body, thereby improving mobility, balance, suppleness and mental alertness. The classes also include Qigong breathing and meditation techniques with strength, flexibility, balance and coordination exercises; Lily, your qualified tutor, provides an excellent mind/body exercise program which can be adapted to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE044: Tai Chi - Some Experience Term 4**

**Type: Ongoing**

**Dates: 07/10/2024 - 16/12/2024**

**Frequency: Weekly Course, Mon 14:00 - 15:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Lily Liang**

**Fee: \$42.00**

Tai Chi (Taijiquan in Chinese) is a branch of the Chinese Martial Arts (Wushu) that today is predominantly practised for health and wellbeing. Practising the slow and gentle movements promotes harmony in mind and body, thereby improving mobility, balance, suppleness and mental alertness. The classes also include Qigong breathing and meditation techniques with strength, flexibility, balance and coordination exercises; Lily, your qualified tutor, provides an excellent mind/body exercise program which can be adapted to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE051: Tai Chi - Beginners Term 1**

**Type: Ongoing**

**Dates: 29/01/2024 - 25/03/2024**

**Frequency: Weekly Course, Mon 15:00 - 16:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Lily Liang**

**Fee: \$42.00**

The gentle low impact nature of Tai Chi means it is a form of exercise that can be practised and studied well into old age. Although Tai Chi is a branch of the Chinese Martial Arts (Wushu), today it is predominantly practised for health and well-being. The slow and gentle movements promote harmony in mind and body, improving mobility, balance, suppleness and mental alertness. Lily, your qualified tutor, provides an inclusive mind/body exercise program which she can adapt to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE052: Tai Chi - Beginners Term 2**

**Type: Ongoing**

**Dates: 15/04/2024 - 10/06/2024**

**Frequency: Weekly Course, Mon 15:00 - 16:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Lily Liang**

**Fee: \$42.00**



The gentle low impact nature of Tai Chi means it is a form of exercise that can be practised and studied well into old age. Although Tai Chi is a branch of the Chinese Martial Arts (Wushu), today it is predominantly practised for health and wellbeing. The slow and gentle movements promote harmony in mind and body, improving mobility, balance, suppleness and mental alertness. Lily, your qualified tutor, provides an inclusive mind/body exercise program which she can adapt to an individual's physical abilities.

Please Note: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE053: Tai Chi - Beginners Term 3**

**Type: Ongoing**

**Dates: 15/07/2024 - 09/09/2024**

**Frequency: Weekly Course, Mon 15:00 - 16:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Lily Liang**

**Fee: \$42.00**

The gentle low impact nature of Tai Chi means it is a form of exercise that can be practised and studied well into old age. Although Tai Chi is a branch of the Chinese Martial Arts (Wushu), today it is predominantly practised for health and wellbeing. The slow and gentle movements promote harmony in mind and body, improving mobility, balance, suppleness and mental alertness. Lily, your qualified tutor, provides an inclusive mind/body exercise program which she can adapt to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE054: Tai Chi - Beginners Term 4**

**Type: Ongoing**

**Dates: 07/10/2024 - 16/12/2024**

**Frequency: Weekly Course, Mon 15:00 - 16:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Lily Liang**

**Fee: \$42.00**

The gentle low impact nature of Tai Chi means it is a form of exercise that can be practised and studied well into old age. Although Tai Chi is a branch of the Chinese Martial Arts (Wushu), today it is predominantly practised for health and wellbeing. The slow and gentle movements promote harmony in mind and body, improving mobility, balance, suppleness and mental alertness. Lily, your qualified tutor, provides an inclusive mind/body exercise program which she can adapt to an individual's physical abilities.

PLEASE NOTE: There will be no class on 16 September 2024. To cover the cost of the tutor, a fee of \$42 is payable each term. Please go to your enrolment for payment. The class will require a minimum of 15 members.

**24EXE061: Yoga - Term 1**

**Type: Ongoing**

**Dates: 01/02/2024 - 28/03/2024**

**Frequency: Weekly Course, Thu 13:30 - 14:30**

**Location: St. Andrews Uniting Church cnr. Duncan and Gillies St. Fairfield**

**Tutor: Barbara Fitzpatrick-Haddy**

**Fee: \$35.00**

A weekly course. Our tutor is professionally trained and experienced in conducting forms of Yoga modified for older people. The classes cater for a range of abilities. Hatha Yoga poses positively strengthen the physical body promoting balance and a sense of harmony. Combined with breathing techniques, they assist in developing a positive mental attitude, counterbalancing stress. BRING A YOGA MAT. Address: St Andrews Church, 85 Gillies Street Fairfield

PLEASE NOTE: To cover the cost of the tutor, a fee of \$35 is payable in full per term. Please go to your enrolment for payment.

**24EXE062: Yoga Term 2**

**Type: Ongoing**

**Dates: 18/04/2024 - 13/06/2024**

**Frequency: Weekly Course, Thu 13:30 - 14:30**

**Location: St. Andrews Uniting Church cnr. Duncan and Gillies St. Fairfield**

**Tutor: Barbara Fitzpatrick-Haddy**

**Fee: \$35.00**

A weekly course. Our tutor is professionally trained and experienced in conducting forms of Yoga modified for older people. The classes cater for a range of abilities. Hatha Yoga poses positively strengthen the physical body promoting balance and a sense of harmony. Combined with breathing techniques, they assist in developing a positive mental attitude, counterbalancing stress. BRING A YOGA MAT. Address: St Andrews Church, 85 Gillies Street Fairfield

PLEASE NOTE: To cover the cost of the tutor, a fee of \$35 is payable in full per term. Please go to your enrolment for payment.

**24EXE063: Yoga Term 3**

**Type: Ongoing**

**Dates: 18/07/2024 - 19/09/2024**

**Frequency: Weekly Course, Thu 13:30 - 14:30**

**Location: St. Andrews Uniting Church cnr. Duncan and Gillies St. Fairfield Tutor: Barbara Fitzpatrick-Haddy**

**Fee: \$35.00**

Our tutor is professionally trained and experienced in conducting forms of Yoga modified for older people. The classes cater for a range of abilities. Hatha Yoga poses positively strengthen the physical body promoting balance and a sense of harmony. Combined with breathing techniques, they assist in developing a positive mental attitude, counterbalancing stress. BRING A YOGA MAT. Address: St Andrews Church, 85 Gillies Street Fairfield

PLEASE NOTE: To cover the cost of the tutor, a fee of \$35 is payable in full per term, and a minimum of 10 participants are needed to cover the cost of the classes. Please go to your enrolment for payment.

**24EXE064: Yoga Term 4**

**Type: Ongoing**

**Dates: 10/10/2024 - 28/11/2024**

**Frequency: Weekly Course, Thu 13:30 - 14:30**

**Location: St. Andrews Uniting Church cnr. Duncan and Gillies St. Fairfield Tutor: Barbara Fitzpatrick-Haddy**

**Fee: \$35.00**

A weekly course. Our tutor is professionally trained and experienced in conducting forms of Yoga modified for older people. The classes cater for a range of abilities. Hatha Yoga poses positively strengthen the physical body promoting balance and a sense of harmony. Combined with breathing techniques, they assist in developing a positive mental attitude, counterbalancing stress. BRING A YOGA MAT. Address: St Andrews Church, 85 Gillies Street Fairfield

PLEASE NOTE: To cover the cost of the tutor, a fee of \$35 is payable in full per term. Please go to your enrolment for payment. A minimum of 10 participants need to enrol in order for the course to run.

**24EXE07: Accessible Yoga - On-Line**

**Type: Ongoing**

**Dates: 01/02/2024 - 28/11/2024**

**Frequency: Random dates as specified, Thu 10:00 - 11:00**

**Location: On-Line**

**Tutor: Rich Moffat**

**Fee: \$0.00**

This class runs daily. Rich is a trained Yoga tutor experienced in teaching forms of yoga modified for older people. The class caters for a range of abilities. Yoga poses strengthen the physical body while promoting balance and a sense of harmony. Combined with breathing techniques, they assist in developing a positive mental attitude, counterbalancing stress. Join <<https://app.ubindi.com/Rich.Moffat>> daily self-care practice <<https://app.ubindi.com/Rich.Moffat>> YouTube channel <[https://www.youtube.com/channel/UCpF1T0Znav6Xm\\_d0I\\_GYlaA](https://www.youtube.com/channel/UCpF1T0Znav6Xm_d0I_GYlaA)>

To confirm details of dates, start times etc. contact Rich at richmoffat2020@gmail.com

**24EXE08: Qi Gong (weekly)**

**Type: Ongoing**

**Dates: 01/02/2024 - 28/11/2024**

**Frequency: Weekly Course, Thu 10:45 - 11:45**

**Location: St. Andrews Uniting Church cnr. Duncan and Gillies St. Fairfield Tutor: James Dalgleish**

**Fee: \$0.00**

Qi Gong is a gentle form of exercise made up of simple flowing movements in very short sequences, much simpler than Tai Chi to do and remember. It improves circulation and breathing, strengthens the body and increases flexibility and calmness. Qi Gong gently works the body and calms the mind. James Dalglish is a trained yoga teacher and has been practising both yoga and Tai Chi for over 40 years. He has been working with Qi Gong for the past 5 years. This class is wait-listed at tutor's request.

Participants are asked to bring a yoga mat if you have one and a water container for drinking. A small cushion will be useful too. Wear loose comfortable clothes and flat shoes. Address: St Andrews Church, 85 Gillies Street Fairfield

**24EXE09: Line Dancing**

**Type: Ongoing**

**Dates: 02/02/2024 - 29/11/2024**

**Frequency: Weekly Course, Fri 14:30 - 16:00**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Loraine Hegarty**

**Fee: \$0.00**

**Tutor2: David Lamb**

The class is led by well-known exhibition duo Stepping Out. Loraine and David have many years' experience in teaching Ballroom, Rock and Roll and Line Dancing and you can be sure of a lot of fun as you move to the music and get fit. Please wear comfortable clothes and runners or similar well fitted shoes with rubber soles. NO NEW MEMBERS after class starts for the year.

Address: Northcote Seniors Centre, 18A Bent Street, Northcote 3070

**24EXE10: Qi Gong (fortnightly)**

**Type: None**

**Dates: 02/02/2024 - 29/11/2024**

**Frequency: 1st, 3rd and 5th Week of Month, Fri 10:00 - 11:00**

**Location: St. Andrews Uniting Church cnr. Duncan and Gillies St. Fairfield Tutor: James Dalglish**

**Fee: \$0.00**

Qi Gong is a gentle form of exercise made up of simple flowing movements in very short sequences, much simpler than Tai Chi to do and remember. It improves circulation and breathing, strengthens the body and increases flexibility and calmness. Qi Gong gently works the body and calms the mind. James Dalglish is a trained yoga teacher and has been practising both yoga and Tai Chi for over 40 years. He has been working with Qi Gong for the past 5 years. This class is wait-listed at tutor's request.

Participants are asked to bring a yoga mat if you have one and a water container for drinking. A small cushion will be useful too. Wear loose comfortable clothes and flat shoes. Address: St Andrews Church, 85 Gillies Street Fairfield

**24EXE101: Ballroom Dancing Some Experience**

**Type: Ongoing**

**Dates: 31/01/2024 - 27/11/2024**

**Frequency: Weekly Course, Wed 14:00 - 15:00**

**Location: Fairfield Bowls Club 125 Gillies Street Fairfield**

**Tutor: Nick Healey**

**Fee: \$0.00**

Learn More Social Ballroom! Do you know a few dances and would like to know a few more? Dancing is a good way to stay active, keep learning and enjoy social interaction. If you have not danced for some months or years, now might be a good time to get back to the social scene with a some of those old Waltzes, Fox Trots, Progressive Dances (Change Partner) routines and some new ones to get back on the dance floor.

Bring a Friend Ladies; If you have a male friend or relative, he would have some fun and be very well received. I believe men are very nice to dance with.

**24EXE102: Ballroom Dancing Beginners**

**Type: Ongoing**

**Dates: 31/01/2024 - 27/11/2024**

**Frequency: Weekly Course, Wed 12:30 - 1:30**

**Location: Fairfield Bowls Club 125 Gillies Street Fairfield**

**Tutor: Nick Healey**

**Fee: \$0.00**

In the first class we will learn: \* Correct dance posture \* Six commonly used Dance holds \* Chasses, Walks, Lock Steps and Swivels \* Waltzes, Fox Trots, Progressive dances, Dancing to Music. You will be dancing during the first session. The course will show you how to dance New Vogue, Freestyle Latin, Modern and Progressive dances. Have excellent fun learning Social Ballroom Dancing from Nick.

New beginners can only join the class in the first week of each term. They may however observe a class to determine their interest or level of experience.

**24EXE11: Lawn Bowls for Fun**

**Type: None**

**Dates: 31/01/2024 - 27/11/2024**

**Frequency: Weekly Course, Wed 13:15 - 15:15**

**Location: Heidelberg Bowling Club 8 Stradbroke Avenue Heidelberg**

**Tutor: Brian James**

**Fee: \$0.00**

### IN CONJUNCTION WITH U3A BANYULE ### This weekly activity is suitable for people who have not previously played bowls as well as those who would like to return to the sport. All equipment is supplied. Most of each session will be spent playing the game of lawn bowls. Instruction will be given on how to deliver a bowl, rules, tactics, chasing a set of bowls etc. Class members will be invited to take part in some of the social and bowling activities of the club.

Flat soled shoes are required. City of Heidelberg Bowling Club is opposite Austin Hospital. Ample parking is available free at the Club. Address: 8 Stradbroke Avenue, Heidelberg 3084 Bowls cancelled throughout July, August and September. Restarts in Oct.

**24EXE12: Lawn Bowls at Fairfield**

**Type: None**

**Dates: 29/01/2024 - 25/11/2024**

**Frequency: Weekly Course, Mon 14:30 - 15:30**

**Location: Fairfield Bowls Club 125 Gillies Street Fairfield**

**Tutor: Jenny Jeffery**

**Fee: \$0.00**

All welcome, new bowlers, previous bowlers, practice bowlers. FBC volunteers will assist in rules, regulations, etiquette, and the game of bowls. All equipment provided, however you may bring your own bowls. Wear flat shoes, bring a hat, sunscreen and water. Please arrive a few minutes early to collect your bowls. Jenny Jeffery Tutor. 0447543547

Class members will be invited to take part in some of the social and bowling activities of the Fairfield Bowling Club.

**24EXE13: Israeli Folk Dancing**

**Type: None**

**Dates: 31/01/2024 - 27/11/2024**

**Frequency: Weekly Course, Wed 11:00 - 12:00**

**Location: Clyde St Community Hall Clyde Street Thornbury**

**Tutor: Katrina Breen**

**Fee: \$0.00**

An opportunity to get together and practice folk circle and line dances, particularly Israeli dances. There will also be the opportunity for any absolute beginners to learn some simple dances. A relaxed, laid-back setting to have fun practicing dancing, and improve fitness at the same time!

The tutor is a keen participant in Zooz Israeli Dance Club classes and the U3A Yarra Israeli Dance club.

## Film

**24ART05: Cinema: Oz, Off-Beat & Classics**

**Type: None**

**Dates: 21/02/2024 - 20/11/2024**

**Frequency: 3rd Week of each Month, Wed 9:45 - 12:45**

**Location: Fairfield Bowls Club 125 Gillies Street Fairfield**

**Tutor: Paul Michell**

**Fee: \$0.00**

Watching films is a journey of discovery, pleasure, escape. As a group we watch a film then discuss it. It is a free exchange of ideas as we explore its deeper meanings, from our differing backgrounds of experiences. For 2024 the plan is to present a diverse range of cinematic treats from around the world. Some films will entertain, others will challenge. This year a focus will be on 'Oz, Off-Beat & Classics': *The Dry* (2020), *Imitation of Life* (2020), *Singin' in the Rain* (1952), *Notorious* (1946), *The Cider House Rules* (1999), *An Office and Spy* (2019), *I Don't Feel at Home in the World Anymore* (2017), *Klute* (1971), *The Third Man* (1949), *Long Story Short* (2021).

Look at our website for past film notes and planned films from late Dec 2022: [www.u3acinema.weebly.com](http://www.u3acinema.weebly.com)  
Class notes are provided via email a week before. PLEASE NOTE: August class will be held on Aug 28, ie in 4th week for that month only (TBC).

## Games

**24GAM01: Brain Teasers and Fun (Trivia)** **Type: Ongoing**  
**Dates: 29/01/2024 - 24/11/2024** **Frequency: Weekly Course, Mon 13:00 - 14:30**  
**Location: Fairfield Bowls Club 125 Gillies Street Fairfield** **Tutor: Margaret Monument**  
**Fee: \$0.00**

This weekly course includes light-hearted quizzes, puzzles, general knowledge. Everyone contributes and laughter is a must. Keep the grey cells working in great company.

**24GAM02: Chess** **Type: Ongoing**  
**Dates: 30/01/2024 - 26/11/2024** **Frequency: Weekly Course, Tue 14:00 - 16:00**  
**Location: East Preston Senior Citizens' Donald Street East Preston** **Tutor: George Eraclides**  
**Fee: \$0.00**

Play the noblest and most popular board game in the world; and for those wishing to learn, this group will help you play chess well enough to enjoy it. You will learn the object of the game, piece movements and captures, mobility and piece values: how to read moves, openings, middle and end games, combination and tactics, method and planning. For appreciation, games from chess history are replayed. Get lasting pleasure from the unending variety and beauty of Chess, and enjoy a brain that stays younger for longer.

East Preston Senior Citizens - 14/12 Donald Street, Preston

**24GAM03: Canasta** **Type: Ongoing**  
**Dates: 30/01/2024 - 26/11/2024** **Frequency: Weekly Course, Tue 13:30 - 16:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Maria Ferrai**  
**Fee: \$0.00**

Canasta is a card game of the Rummy family of games. Join us for a friendly game of cards. We welcome anyone and are happy to teach newcomers who are willing to try. You just need a sense of humour.

**24GAM04: Mah Jong** **Type: Ongoing**  
**Dates: 03/02/2024 - 30/11/2024** **Frequency: Weekly Course, Sat 13:30 - 16:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Sue Giffney**  
**Fee: \$0.00**

This class meets on Saturdays, when a relaxed group of card players gather at Fairfield Station to play this popular game. Note: the group play on most Saturdays during the year, including school holidays - subject to negotiation if session not to be held eg during Easter and on long weekends.

Address: 26 Railway Place, Fairfield, 3078

**24GAM05: Scrabble** **Type: Ongoing**  
**Dates: 15/01/2024 - 16/12/2024** **Frequency: Weekly Course, Mon 19:00 - 21:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Rob York**  
**Fee: \$0.00**

Join the FANS (Fairfield and Northcote Scrabble) group who meet every Monday evening. Learn all the things you didn't know you knew. Exercise the brain, meet new people and have fun. This group meets throughout the year - January to December - and does not take school holiday breaks.

## General

### **24GEN01: Current Affairs**

**Type: Ongoing**

**Dates: 01/02/2024 - 28/11/2024**

**Frequency: 1st, 3rd and 5th Week of Month, Thu 10:30 - 12:00**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: Keith Burrows**

**Fee: \$0.00**

This lively group meets fortnightly on the First, Third and Fifth weeks of each month. Discussion is informal and wide-ranging, examining issues in the news, both local and international.

### **24GEN03: Philosophy Discussion Group**

**Type: Ongoing**

**Dates: 01/02/2024 - 28/11/2024**

**Frequency: Weekly Course, Thu 14:00 - 16:00**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: George Eraclides**

**Fee: \$0.00**

In this class we will explore key ideas of major philosophers and their implications for our understanding of ourselves and the world. Each class will examine philosophical ideas from the history of western philosophy and topics proposed by participants. We will come together as a group every two weeks to discuss these ideas. Reading material is provided.

You will need access to the internet and adobe acrobat or similar software at home in order to read the material. You can read the content online or download material as a file to read on your computer or tablet or print out. You can expect to spend about 4 hours a week on reading material, thinking about the topic and some tasks. You need an inquiring mind and the willingness to engage with others to explore some of humanities greatest questions.

# History

## **24HIS01: Ancient Greek History & Culture 2600-146**

**Type: Ongoing**

**Dates: 29/01/2024 - 25/11/2024**

**Frequency: Weekly Course, Mon 14:00 - 15:30**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Margaret Hanrahan**

**Fee: \$0.00**

This course is there to fill in the gaps of what you already know about Ancient Greek history and culture. Materials will be provided and no previous historical knowledge is required. We will start with the Bronze Age with the Minoan civilisation and the Mycenaeans. Then we will study the rise of the 'city states' with a focus on Sparta and Athens and external invasions such as the Persians. We will also look at the myths, especially Homer's writing as well as a Greek play and a little on different Greek philosophers and historians. The tutor is a history teacher who has a passion for ancient history and literature. Classes will include interesting written and oral materials, slides and short videos, as well as discussions.

Minimum 5 students for class to run.

## **24HIS02: Little Bits of History**

**Type: Ongoing**

**Dates: 12/02/2024 - 25/11/2024**

**Frequency: 2nd and 4th weeks each month, Mon 10:30 - 12:00**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: Ann Ritchie**

**Fee: \$0.00**

Little Bits of History will consist of a quick look at the History of the World in bite size pieces. The aim of this course is to touch on interesting things in history and hope it increases our awareness and knowledge of the world in which we live. Each class will cover one or two topics and will be self contained. Among things we will look at are Turning Points in History from about 1400 to the present day and we will complete the final "Places" from the 2022 and 2023 course History of The World in 50 Places. Places included will be Anne Franks House, Mt Washington Hotel, Sharpeville Police Station and CERN and the discovery of The WWW. Turning Points will include The Fall of Constantinople, Gutenberg's Print Revolution, The British East India Company, The French Revolution, The British Slavery Abolition Act, The Opium War in China among others.

Maximum 12. Second and fourth Monday 10.30 to 12 at Fairfield Station Classroom

## **24HIS03: FIRST NATIONS**

**Type: Short Course**

**Dates: 07/02/2024 - 27/03/2024**

**Frequency: Weekly Course, Wed 14:45 - 16:15**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: Judy MacWilliams**

**Fee: \$0.00**

This 8-week course gives the history of the Australian Indigenous people from the Day of Creation (about 70,000 years ago), to the landing of Captain Cook, and ending with the Uluru Statement from the Heart. Needless to say, we can't cover everything in just 8 weeks! Videos showcasing the Indigenous voice (such as First Australians, directed by Rachel Perkins) followed by discussion, are at the core of this facilitator led program.

This is a course developed by U3A Network Victoria for delivery by U3As in Victoria.



# Language

**24LAN03: French: language, conversation, culture** **Type: Ongoing**  
**Dates: 08/02/2024 - 28/11/2024** **Frequency: 2nd and 4th weeks each month, Thu 10:00 - 11:30**  
**Location: Bent St. N 18A Bent Street Northcote** **Tutor: None**  
**Fee: \$0.00**

A fun and encouraging class for people who love getting to grips with language. To fully participate, you'll need to have the basics under your belt (e.g. subject and objects pronouns, verbs, adjectives) and be able to understand simple spoken French. We revise frequently, so don't be afraid to try. Example activities: Tell the class, en francais, what has been happening in your life over the past week or two, a few sentences, followed by questions. Work through a section of the text book, followed by discussion and practice exercises. A cultural activity: a song, a video, a story, a newspaper or magazine article, or horoscopes. As a class, prepare for conversation on a given theme: build vocabulary, prepare questions, conjugate relevant verbs, then have a chat in pairs.

Please note, this class may be available in 2024 if/when a replacement tutor can be found. Before that, everyone will be on a waitlist. Text book: Vite et Bien 1 (CEFR levels A1, A2) Prospective students are required to do an aptitude test.

**24LAN04: French Grammar – Post Beginners** **Type: Ongoing**  
**Dates: 01/02/2024 - 28/11/2024** **Frequency: Weekly Course, Thu 9:00 - 10:30**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Ray Matters**  
**Fee: \$0.00**

This is a course for people who have had at least 12 months exposure to the French language at U3A Beginner level or equivalent, who wish to consolidate and expand their knowledge through the learning of its grammatical structure. Each week the tutor will introduce a grammar topic, with class exercises and activities to apply each topic in real world situations. Activities will also incorporate practicing pronunciation and comprehension of the written and spoken word.

Tutor, Ray Matters, has conducted French Grammar classes at U3A in Melbourne since 2015. He enjoys helping people to grow their knowledge and confidence.

**24LAN05: French - Some Knowledge** **Type: Ongoing**  
**Dates: 09/02/2024 - 13/12/2024** **Frequency: 2nd and 4th weeks each month, Fri 12:30 - 14:00**  
**Location: Reservoir Library Meeting Room 23 Edwards Street Reservoir** **Tutor: Nicole Maya**  
**Fee: \$0.00**

This class meets on the second and fourth Friday of each month at Reservoir Library. The class is for people who have some knowledge of French. Topics covered include greetings, introducing yourself, numbers and talking about family, travel and shopping. There will be fun activities, giving members lots of practice to gain confidence in language skills. The class takes place primarily in French.

The tutor will confirm if you are able to join the class, so contact the office when you enrol. We need a minimum of 8 for the class to run. The class is run in the Reservoir Community and Learning Centre, 23 Edwards St.

**24LAN07: Spanish** **Type: Ongoing**  
**Dates: 02/02/2024 - 29/11/2024** **Frequency: Weekly Course, Fri 13:15 - 15:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Rosa Tosone**  
**Fee: \$0.00**

Rosa is a native Spanish speaker. The course is directed towards teaching Spanish for basic understanding and communication when travelling. Rosa's class is directed towards those who already have some Spanish.

**24LAN08: French Discussion Group** **Type: Ongoing**  
**Dates: 09/02/2024 - 22/11/2024** **Frequency: 2nd and 4th weeks each month, Fri 10:00 - 11:30**  
**Location: Bent St. N 18A Bent Street Northcote** **Tutor: Maddy McMaster**  
**Fee: \$0.00**

This is a self-directed discussion group for people who have previously studied French to intermediate level or beyond, and would now like to practise in a supportive group. Each session we will discuss an article (perhaps from Paris-Match or the internet), a film, a broadcast from SBS Easy French, or similar. We will then follow up with more general conversation to build our confidence in communicating with others. There is no tutor for this group: we will take turns to choose a discussion topic for the following meeting. All conversation will be in French! While you don't need to be a fluent speaker, you will probably have completed four or more years of classes and feel comfortable to read a range of texts. You will also be able to present your views in French, perhaps with some prompting from the group. If you are not sure, come along and give it a go!

## Literature

**24LIT01: Armchair Play Reading** **Type: None**  
**Dates: 31/01/2024 - 27/11/2024** **Frequency: Weekly Course, Wed 13:15 - 14:45**  
**Location: Alphington Community Center 2 Kelvin Grove Alphington** **Tutor: Ann Sartori**  
**Fee: \$50.00**

Would you enjoy bringing a play to life? Getting inside an interesting character? Discovering vocal talents you didn't know you possessed? Join an enthusiastic group and discover your acting skills in this class held weekly on Wednesdays.

Address: Alphington Community Centre, 2 Kelvin Road, Alphington 3078 Note: There is a charge of \$50 per year to cover the cost of renting the plays.

**24LIT02: Book Discussion Group 1** **Type: Ongoing**  
**Dates: 07/02/2024 - 04/12/2024** **Frequency: 1st Week of each Month, Wed 10:30 - 12:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Peter Byrne**  
**Fee: \$0.00**

Do you enjoy reading a good book and then wish you could discuss it with someone? Come along and join like-minded people. The group meets on the second Wednesday of each month to discuss books chosen by members of the group. A wide range of topics is covered, including fiction and non-fiction works, and we have many lively and animated discussions. Each member is encouraged to lead and facilitate a session. Normally, we meet at Fairfield Station and do not take school holidays.

**24LIT03: Book Discussion Group 2** **Type: Ongoing**  
**Dates: 10/01/2024 - 11/12/2024** **Frequency: 2nd Week of each Month, Wed 10:30 - 12:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Peter Byrne**  
**Fee: \$0.00**

Do you enjoy reading a good book and then wish you could discuss it with someone? Come along and join like-minded people. The group meets on the second Wednesday of each month to discuss books chosen by members of the group. A wide range of topics is covered, including fiction and non-fiction works, and we have many lively and animated discussions. Each member is encouraged to lead and facilitate a session. Normally, we meet at Fairfield Station and do not take school holidays.

**24LIT04: Poetry through the Ages** **Type: Ongoing**  
**Dates: 30/01/2024 - 26/11/2024** **Frequency: Weekly Course, Tue 10:30 - 12:00**  
**Location: U3A Darebin Office and Meeting Railway Place Fairfield** **Tutor: Noel Butterfield**  
**Fee: \$0.00** **Tutor2: Jan Stewart**

Noel, an experienced English teacher, invites you to join this weekly class. Let's immerse ourselves in the passion that is poetry. The emphasis will be on appreciation and enjoyment. I have been captivated by poetry for thirty years so I feel qualified to introduce you to the very best. I will take you through some ballads, odes, sonnets, etc., purely for your enjoyment. We also look at various techniques that make poems 'work' and come alive. Class members are encouraged to create their own poems, using some of the techniques studied.

**24LIT05: Exploring Shakespeare** **Type: Ongoing**  
**Dates: 02/02/2024 - 29/11/2024** **Frequency: Weekly Course, Fri 15:00 - 16:30**  
**Location: Bent St. N 18A Bent Street Northcote** **Tutor: Kate Patrick**  
**Fee: \$0.00** **Tutor2: Mark Wilson**

Be Daring! Read Shakespeare! Enjoy different interpretations! This weekly class was set up to read, talk about and enjoy Shakespeare's plays. Members of the class explore each play, reading it aloud, talking it over, discussing key speeches and difficult language, and re-reading. When we're familiar with the play (usually towards the end of term) we watch parts of several productions on DVD and discuss the direction of key scenes. The aim is for all members to find each play more and more exciting and rewarding. We enjoy being surprised, perplexed and astonished.

Tutors: Kate Patrick, Mark Wilson, Robert Cole

**24LIT06: Reading (the classics) Aloud**

**Type: Ongoing**

**Dates: 01/02/2024 - 28/11/2024**

**Frequency: Weekly Course, Thu 13:30 - 15:00**

**Location: Bendigo Bank Community Space 101 Queen's Pde Clifton Hill**

**Tutor: Ann Ritchie**

**Fee: \$0.00**

The aim of this class is to revitalise the age old art of reading aloud. Following the successful reading aloud of Homer's "Iliad" and "Odyssey" and Virgil's "Aeneid" in 2022 and 2023. In 2024 we will leave ancient Greece and Rome and head for Medieval England with a reading of Chaucer's "Canterbury Tales". Each member of the class will read aloud as much of the text or as they wish. Tutorials and discussion of the material read are included. Any edition or translation can be used.

Everyone will be waitlisted. Maximum 10 Every Thursday from 1.30 to 3.00pm in the Community Bank Board Room . Queens Parade, Clifton Hill. Next to The ClifRoy Community Bank.

**24LIT08: Writing for Pleasure**

**Type: Ongoing**

**Dates: 06/02/2024 - 26/11/2024**

**Frequency: First and third weeks, Tue 10:30 - 12:30**

**Location:**

**Tutor: Margit Gundert**

**Fee: \$0.00**

This group is for those who write habitually for pleasure, to catch ideas, play with words, invent scenarios or reflect on issues and events. This is typically a solitary activity but these sessions will offer you an audience. Here's an opportunity to explore other's ideas and inspirations, a chance to reflect on your own practice and discuss whatever insights emerge from the experience of sharing your own stories, memories and experiments with language. Even random writings - courageous or outrageous unfinished thoughts might get an airing with others in this trusted group. We don't teach writing but, without a doubt, we learn from each other. Fortnightly sessions will be held on the 1st & 3rd Tuesdays of each month at different venues - a private house to be offered by willing participants at each session. A few prompts for writing will be posted for each session to inspire you.

You will be contacted after you have enrolled with the first address.

**24LIT09: Writing Lives**

**Type: Ongoing**

**Dates: 08/02/2024 - 28/11/2024**

**Frequency: 2nd and 4th weeks each month, Thu 15:00 - 16:30**

**Location: Bent St. N 18A Bent Street Northcote**

**Tutor: Ken Thornton**

**Fee: \$0.00**

Writing Lives is for people who want to write their own, or another person's, life story. In this mutually-supportive group, participants who are currently creating, or are interested in creating, a memoir-style record from life experiences will share their ideas and progress. Participants will discuss life story and memoir-writing tools and techniques, as well as classic and contemporary publications. This is not an instructional tutor-led, creative writing class. The sessions will be practical and engaging, and will encourage participants to produce and enjoy life story writing.

## Music

### **24MUS01: Singing for Pleasure**

**Type: Ongoing**

**Dates: 02/02/2024 - 29/11/2024**

**Frequency: Weekly Course, Fri 13:00 - 15:00**

**Location: SPAN Community House 64 Clyde St. Thornbury**

**Tutor: Campbell Pearson**

**Fee: \$0.00**

The Singing for Pleasure group runs every week and is intended to be a safe place where we all feel welcome. We sing mostly popular songs and learn to sing some harmonies. We occasionally sing at U3A functions, community events and visits to nursing homes.

Address: Span house, 64 Clyde Street, Thornbury 3073

### **24MUS02: Ukulele**

**Type: Ongoing**

**Dates: 02/02/2024 - 29/11/2024**

**Frequency: Weekly Course, Fri 12:00 - 12:45**

**Location: SPAN Community House 64 Clyde St. Thornbury**

**Tutor: Campbell Pearson**

**Fee: \$0.00**

The Ukulele is a cheap instrument to buy and a fun and easy instrument to play. The course is for beginners who can play a little but want to learn more.

Address: Span house, 64 Clyde Street, Thornbury 3073

## Science Oriented Courses

### **24SCI01: Vegetation Communities of Darebin**

**Type: Ongoing**

**Dates: 02/02/2024 - 15/11/2024**

**Frequency: First and third weeks, Fri 10:00 - 12:00**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: Elizabeth Donoghue**

**Fee: \$0.00**

The course will cover original indigenous vegetation communities, the underlying geology, conservation status, and plant identification, with a combination of classroom discussions, short (accessible) field trips and practical plant identification workshops. We would also look at fauna specific to the areas discussed as well as groups that are involved with the management and conservation of the remaining vegetation. The natural vegetation of the Darebin area once included a range of vegetation types. There were riparian woodlands, escarpment shrublands, grassy woodlands and grasslands along the Merri and Darebin Creeks and their tributaries, while along the Yarra River this was added to by floodplain vegetation. Away from the creeks the main vegetation communities were grasslands and grassy woodlands. Each of these vegetation types had its own specific suite of species. Small patches (remnants) of this original vegetation remain today, and can be identified by the local native plants that comprise them.

The tutor is well-credentialed in this area, having been an Environmental Planner in Hume and a teacher of this topic at Melbourne Polytechnic.

### **24SCI02: Chinese herbal medicine for health**

**Type: Ongoing**

**Dates: 02/02/2024 - 29/11/2024**

**Frequency: 1st Week of each Month, Fri 14:00 - 15:30**

**Location: PRACE Merrilands CC Sturdee St. Reservoir**

**Tutor: Lin Dong**

**Fee: \$0.00**

Chinese herbal medicine for preserving health Chinese medicine is the oldest medical system with thousands of years of history and herbs are an important part of this system. This course provides knowledge of Chinese herbs with a focus on how to use them to promote healthy ageing and preserve longevity. Chinese herbs can be eaten as food. The course will introduce herbal diet with different effects of nourishing qi, blood and body fluids. This course will also introduce you to research about Chinese herbal medicine for mild cognitive impairment and the prevention of the early onset of Alzheimer's disease.

Lin Dong is a lecturer at RMIT, holds a PhD degree and is a registered Chinese medicine practitioner with over 20 years' teaching and practicing experience. Held in Multi-room 1 at PRACE - Merrilands Community Centre 35 Sturdee Street Reservoir

## Volunteering

### **24AAA01: VOLUNTEER - OFFICE**

**Type: Ongoing**

**Dates: 01/01/2024 - 31/12/2024**

**Frequency: Weekly Course, Mon 10:00 - 12:00**

**Location: U3A Darebin Office and Meeting Railway Place Fairfield**

**Tutor: Janet Marlow**

**Fee: \$0.00**

Volunteer Office will involve being in the office during office hours: Mondays during term time, from 10am until 12pm. This is a VITAL part of U3A Darebin and your help will be greatly appreciated. If you can commit to a regular time slot once or twice a month this is the job for you. Preparedness to learn to use the UMAS data base is essential.

### **24AAA02: VOLUNTEER OCCASIONAL**

**Type: Ongoing**

**Dates: 01/01/2024 - 31/12/2024**

**Frequency: None, Mon 0:00 - 0:00**

**Location:**

**Tutor: Dawn Lowery**

**Fee: \$0.00**

Volunteer Occasional- From time to time we need people to help with putting up posters, delivering newsletters, writing for the newsletter and assisting with enrolments. At U3A functions we need extra bodies for setting up and cleaning up the space. Suggestions to improve the service to members are always welcomed. If you have limited time and would like to help please register here.

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