



We warmly welcome all our new members and wish everyone a happy and fulfilling year.

FROM THE EDITOR

A very warm welcome to all our new members and tutors! It is wonderful to see so many new faces both in the classroom and in the office. We look forward to the chance to meet you socially at our Members Morning Tea on 13 April (see box on this page). We hope you are enjoying your classes and the whole U3A experience.

In her President's Message, Audrey Grace writes about the basic values and strong sense of community which are integral aspects of our philosophy. One of the hallmarks of Darebin U3A is a great enthusiasm for learning in a convivial atmosphere which is reflected in the liveliness and laughter which abounds in our classes

We hope that the Newsletter also reflects something of the spirit of Darebin U3A and so we welcome all contributions from members. We enjoy learning about different class activities and would also love to receive more creative writing, poetry and stories from your life experiences. Please see the box on page 10 for deadline details.

Thank you very much for the wonderful contributions from members which have enlivened this issue and a special thank you to Maureen Barlow and Mary de Bortoli for going to so much trouble to provide the priceless photo of the Lollipop Ladies on page 4.

Hope to see you all at the morning tea!

Jill Craig

IN THIS ISSUE

- P Line Dancing Lollipop Ladies..... 3
- P Darebin U3A Praised in Parliament 5
- P Day Trippers Group..... 6
- P Understanding Climate Change..... 7

CONTENTS

- Contact Information.....2
- President's Message.....2
- From the Committee.....3
- Course Information.....6
- New Courses.....7
- From the Classroom.....8
- Life Experiences.....9
- Out and About.....9
- Notice Board.....10
- Class Timetable: First Semester 2012.....11

MEMBERS' MORNING TEA
 10.00 – 12.30, Friday 13 April
 at Northcote Senior Citizens Centre
 18A Bent Street Northcote

The committee invites all members to an informal morning tea. We especially look forward to meeting our new members over a friendly cuppa and home-made goodies.

10.30 **Healthy Lifestyle Seminar**

After refreshments, Noel Butterfield will discuss his recent trip and show us photos
'Overlooked Cambodia – A Land of Contradictions'

See Page 5 for more details
 Please bring a plate to share.

Excellent Door Prize

CONTACT INFORMATION

Email: darebinu3a1@optusnet.com.au

Post: PO Box 44, Fairfield Vic 3078

Phone: 96 102 102

Fax: 96 102 101

Visit the office* at ...

Fairfield Railway Station
26 Railway Place, Fairfield Vic 3078



Or go to the website at ...

<http://home.vicnet.net.au/~darebinu3a/home.html>

Office hours during school terms:

Whenever possible a volunteer will be in attendance on week days as follows:

Mon – Friday: 10.30 am to 12.00 noon
and 1.00 pm to 3.00 pm

*Before visiting the office, please phone to check that somebody is in attendance.

2012 Committee Members

President.....Audrey Grace
Vice-President.....vacant
Secretary.....Frances Hennessy
Treasurer.....Gary Nixon
Assistant Secretary.....vacant
Property Officer.....Jean Garita
Newsletter Editor.....Jill Craig
Tutor Co-ordinator.....Carmel Lee
Membership/Class Records...Tony Wild
Committee Member.....Dianne Beaumont
Committee Member.....Annette Davis
Committee Member.....Jim Logan
Committee Member.....Judith Prosser

Other Positions

Office Volunteers Co-ordinator
..... Philippa Wetherell
U3A Network Delegate.....David Elder
U3A Northern Region Delegates
.....Halina Smoger & Bernice Healey
Computer Consultant..... Russell Lennox
Assistant Editor..... Teresa Pitt

PRESIDENT'S MESSAGE

This is an exciting time for us. To still be functioning and stable after 20 years is a significant achievement. Our current membership is 286 and we now hold classes at eight venues throughout the breadth of the City of Darebin.

U3A Darebin is a very inclusive, co-operative group, with a broad and varied membership. Our Tutors are our core, encouraging us to keep learning and to develop both our minds and our bodies. There is a strong sense of community. There is so much laughter. It is important that we continue to foster these aspects.

We are currently working to develop a blueprint for the next phase of our development. We have the professional guidance of Dr Peter Goldsmith from MV Strategies, who is enabling us to create a vision for the future and develop ways to build on our expertise in adult education to make our organisation even stronger.

Peter is our Philosophy tutor and also lectures at the Melbourne Institute of Technology. His students at MIT have undertaken some valuable research on our behalf. I am sure many of you are aware of the interviews conducted with our members and the surveys which were sent out.

The students reported that your responses particularly emphasised your enjoyment of the learning opportunities afforded by our Tutors and the social interaction of meeting regularly with the same group of people. You wrote about your sense of belonging and being valued; the laughter, the sharing, the caring. You stated your belief that this is what is so special about Darebin U3A. This is how we began 20 years ago – and these must continue to be our core values as we move on into our future.

Audrey Grace

(The above is an edited version of the speech given by Audrey Grace at our 20th Birthday celebration.)

'Moving Forward' Update

At our Annual General Meeting in December Peter Goldsmith offered to conduct a further workshop on 'Vision Setting'. Fourteen members attended this workshop which was held at the RSL on 30 January. We discussed the results of the survey and made a list of the values that we felt were important to uphold within U3A Darebin. We considered what was important to keep, and what needed to change. We then broke into groups and each one tried to define three 'visions' that would be consistent with our stated values. These were listed and discussed. At the close we asked Peter if he would conduct a further workshop to assist us to turn these visions into 'policy'.

To make this workshop truly representative, we are also inviting one person from each class to attend and to articulate the views of that class. A letter was recently sent out for the Tutors to read to you about selecting a class rep. That meeting was held on Tuesday 20 March at the RSL, from 6 – 7.30 pm.

Brochures

A big thank you to all those members who have helped to promote U3A Darebin, including those who handed out the U3A Darebin brochures included in your enrolment letter; the team who handed out brochures at the Carols at All nations Park in December; the teams who worked at our booths and handed out brochures at Federation Square in October, at Edwardes Lake Park in November and at All Nations Park in February; and the walkers who letter-dropped our brochures in Thornbury in January. As a result, the number of members enrolling, and the number of classes offered, have both increased this year.

Thank you also to the staff at Fiona Richardson's office, who have printed four thousand brochures for us already this year. They have told us that brochure distribution is one of the most effective means of promotion.

We are also looking for places where we can display our very attractive posters throughout

Darebin. If you discover a good site, please tell the office.

U3A Darebin has received a \$1500 grant (the maximum amount available this year) from the State Government's 'Program Growth Support' fund to cover the costs of promotional brochures and display materials, and for the initial costs of the 'Moving Forward' project.

FROM THE COMMITTEE

2011 Annual General Meeting

Our Annual General Meeting for 2011 was very well attended with 62 members, two guest speakers and one visitor.

Our first guest speaker was Pat Townsend, President of Hume U3A. She gave a very interesting talk about developing partnerships, both between U3As – such as the Northern Metro Partnership, of which Darebin U3A is a member – and beyond U3A, such as with schools and other community groups within the same electorate. She argued that there should be no age barrier to learning, and that all age groups should be entitled to funding to support education. She used the wonderful example of the Hume Global Learning Village, where the U3A is considered part of the learning community.

Our other guest speaker was Peter Goldsmith, who spoke on the 'Moving Forward' project, as reported in the President's message.

Following the formal business of the meeting we were treated to a highly entertaining performance by the **Line Dancing** group, superbly choreographed by their Tutors, Loraine Hegarty and David Lamb.

The dancers were transformed by their Shirley Temple costumes – blonde ringlets, polka dot skirts and bobby socks – and they danced brilliantly to some great old numbers on the 'Lollipop' theme. They really were a sight to behold and had many of us in stitches! They have given the term 'Lollipop Ladies' a whole

new dimension. Thank you all so much for such a delightful and light-hearted finale to the year and to Maureen Barlow for this photo.



2012 Committee of Management

We warmly welcome Annette Davis, a new Committee member who was elected at our AGM in December.

All previous Committee members who nominated as candidates were re-elected at the AGM - see the list in Contact Information on page 2. However, no nominations were received for the positions of **Vice President** or **Assistant Secretary**. These roles are very important in providing support for our hard-working President and Secretary, in sharing their work load and acting as deputies in their absence. If you might consider offering to help, please talk to Audrey or Frances.

The Committee wishes to thank those members who retired in December: Lorraine Carr, who served for many years; Don Stewart, who held the position of Vice President; and Elva Armstrong and Jan Stewart who both assisted the Secretary with the minutes and correspondence. We thank them for their contribution to the smooth running of our organisation.

U3A Network Delegate

We thank David Elder, a past President of Darebin U3A, for agreeing to act as our delegate with U3A Network, following the resignation of Odette Stuckey due to travel commitments. Thank you, Odette, for performing this role so conscientiously over the past few years.

Wearing Your Lanyards

We all need this reminder. Please make sure you wear your lanyard to all classes and U3A events:

1. As proof of your membership for enrolment in the class.
2. As a courtesy to the Tutor and your classmates – to show your name.
3. As a 'Health and Safety' precaution for yourself. It is vital that you fill in your personal details on the back of your card. For privacy it is hidden from sight in the pocket of your lanyard, but is available if you become ill and an ambulance has to be called. Be sure to list your pet!

You can adjust the length of the lanyard by stitching or pinning it, to suit yourself. Alternatively, you can use a Convention style card holder with a safety pin.

U3A Darebin Calendars

In November we produced our 2012 U3A Calendar, for which we have received many compliments.

Thanks to the members who sent in photos, and to the Preston Camera Club, we had a wonderful selection of images for you to choose from. We are grateful to Russell Lennox for his expertise and time spent in preparation and printing.

We are already planning the 2013 Calendar, so we are asking members to take photos of your class in action. Some classes preferred a group photo, and we suggest that you take these on a day when all members are present. If your class is 'out and about', please take some photos of the outing and send us a copy. You may send them by email, or ring the office to arrange a time with Russell so he can transfer them to our computer from your camera, or from a USB stick or CD. He can also scan prints.

We will again ask the Preston Camera Club to visit and take shots of your class in action. One way or another we ask that you supply us with your photos by the beginning of June.

DAREBINbus

Darebin Council provides a mini-bus with wheelchair access for community groups to use for outings. If your class wishes to use the bus, you need to have a nominated driver registered with the Council. A current car driving licence is required. Please contact the office for further details on the requirements, and to obtain a booking form. Bookings need to be made well in advance.

We have paid the bond, and it costs your group \$50 each time you use the bus. It holds nine passengers plus the driver, or seven passengers plus one person in a wheelchair.

Members Morning Teas

Since 2010 the Committee has held a series of Morning Teas with guest speakers during the term breaks. They provide opportunities for members to meet together socially and to discuss issues and ideas with the committee. These events have been very popular and this year our Secretary, Frances Hennessy, has already lined up a number of interesting guest speakers.

We will commence on **Friday 13 April** with a **Healthy Lifestyle Seminar** from 10.30am. This is a State Government funded health initiative aimed at preventing chronic conditions (such as Type 2 Diabetes and Cardiovascular Disease) and improving health and wellbeing. The program will be presented by Alain Young, an Allied Health professional, who will provide useful information to enhance our health, fitness and quality of life.

After a break for refreshments, Noel Butterfield, our Poetry tutor and intrepid traveller, will tell us about his recent experiences in Cambodia. In a presentation entitled '**Overlooked Cambodia – a land of contradictions**', Noel will look at the capital city of Phnom Penh, the breathtaking city of Siem Reap in the north and nearby Angkor Wat. He will also discuss Cambodia's turbulent history and the legacy of Pol Pot. The talk will be illustrated with Noel's own photographs taken on the trip.

Please arrive by 10 am so you have time to socialise over a cuppa and meet new members before the first presentation. Also, please don't forget to wear your lanyard. We would appreciate your notifying the office if you are attending - this will help us in setting up the tables and chairs in the hall. Please bring a plate of goodies to share.

All participants will go into a draw to win the Door Prize of a \$20 gift voucher donated by Coles in Northcote Plaza.

Reminder to Tutors

Note to Tutors: Please ensure that you send a photocopy of your class attendance roll to the office by the end of Term 1 – Friday 30 March.

Please also note the date for the Annual Tutors' Luncheon on **Tuesday 10 July** from 12.00 at Northcote RSL. This is always a convivial occasion and a chance to meet fellow tutors. It is our small way of thanking you for your generosity in sharing your knowledge and skills with us.

Darebin U3A Praised in Parliament

Jenny Mikakos MP and Shadow Minister for Seniors and Ageing, has sent us a copy of this speech that she made about us in Parliament.

On 16 October I attended the Darebin University of the Third Age 20th anniversary celebrations. U3A provides a way for senior Victorians to participate in a range of courses taught by volunteers. It provides intellectual engagement through physical and social interactions, with courses ranging from history classes, needlecraft, Sudoku, dancing and book discussions to tai chi. I congratulate the president of Darebin U3A, Audrey Grace, and the members of the volunteer committee for the time and effort they have put into such a worthwhile organisation. I also acknowledge the contribution past committee members have made over the last 20 years.

(Extract from Parliamentary Debates HANSARD, Members Statements 26 Oct 2011)

COURSE INFORMATION

Term dates:

Term 1 ends on Friday 30 March.

Term 2: Monday 16 April - Friday 29 June.

Term 3: Monday 16 July - Friday 21 September.

Term 4: Monday 8 October - Friday 30 November.

Class Bulletins

Class Vacancies: Vacancies still exist in the following classes: **Scrabble, Trivia and other Pursuits, Dinner Dancing (beginners), Ballroom Dancing (intermediate), Let's Talk Together, Meditation & Healing Circle, Singing for Pleasure, Mahjong and Canasta.** If you wish to enrol in one of these classes please leave a message at the office with your name, membership number and phone number.

French Language and Culture: The tutor, Clement Nanbu, has returned from France and resumed classes at the new time slot of Friday 11.30 am–1.00 pm at Northcote Senior Citizens Centre (Bent Street).

Italian Language: While the Tutor, Adriana Ficarazzi, is recovering from her operation, Larry Ginger has kindly stepped in to help. His focus is to assist the group in developing their Italian conversation skills.

Singing for Pleasure: Welcome to our new singing tutor, Evan Lawson, who is joining us fortnightly during Semester 1. He graduated in 2010 with a Bachelor of Music Performance at the Victorian College of Arts and Music, and his focus is on voice production and timing.

Poetry Through the Ages: On Tuesday 17 April, guest speakers Wendy Fleming and Marietta Elliot-Kleerkoper (a published poet living in Fairfield) will be conducting a poetry workshop for this class.

Current Affairs: Noel Butterfield has organised some interesting guest speakers for this class. The first, on 22 March, will be Antony Kenney, who is an electorate officer for Jenny Macklin, the Federal Member for Jaga Jaga. On April 19 Martin Ferguson, AM, the Federal Member for

Batman, will be our honoured guest and will provide an opportunity for a Q&A session.

Day Trippers Group

On 10 February this group held a planning meeting at Bent Street and drew up a long list of possible outings, in order of preference. The list includes the ferry to Williamstown, the Block Arcade, Flemington Racecourse, Abbotsford Convent and the Koori Heritage Trust. Days and times of outings will vary depending on the members of the group, or two separate groups may be formed to go on different days.

Already two groups have taken the free Shuttle Bus tour of Melbourne which included the Arts Centre, the MCG, the Victoria Market and Docklands. The next excursion was a fascinating and very enjoyable tour of Parliament House at the invitation of Jenny Mikakos, Member for the Northern Metropolitan Region, on 14 March.

If you are interested in joining the Day Trippers group, please phone the co-ordinator, Nancy Keele, on 9469 3169.

Reading and Writing for Retirees

HELP WANTED!

Rita Keller conducts this class on Wednesday afternoons from 1 – 4 pm at Merrilands Community Centre, 35 Sturdee Street Reservoir (Melway 18H1). The course is designed for people whose English skills are at beginner, post-beginner and intermediate levels. The program gives students opportunities to practice their reading and writing skills in an atmosphere of fun and laughter. This is a lovely, lively group of people but it is quite large and Rita urgently needs extra assistance to provide individual help to her students. The only requirement is a good sense of humour! If you would like to assist, please leave a message for Rita at the office (phone 96 102 102).

NEW COURSES

Understanding Climate Change

We are very pleased to announce this new **short course** commencing in the first week of second term. The tutor, Keith Burrows, is an experienced physics teacher who has presented this topic to other U3As. Keith has sent us the following course description:

'In these four sessions we will first look at the basic science of the Earth's climate and the greenhouse effect. This will help us to understand why climate scientists believe that the human added carbon dioxide in the atmosphere will result in 'global warming'. Then we will look at the effects of this warming and the reasons for concern. As we go, we will look carefully at the various 'sceptic' arguments and discuss what scientists mean by 'uncertainty' in the context of future predictions of possible climate change. Lastly, the good news! We can take action to avoid potentially disastrous climate change. The various possibilities for reducing or even eliminating greenhouse gas emissions will be discussed.'

Details: There will be four consecutive weekly sessions on Friday afternoons from 3.30 – 5.00 pm, **commencing on Friday 20 April** in the Meeting room at Northcote Senior Citizens Centre in Bent Street. If you wish to attend, please phone the office by Wednesday 18 April to book in.

Understanding Politics

John Moorhouse, who has previously conducted classes for Darebin U3A in Current Affairs and Let's Talk Together, is presenting this fascinating new fortnightly class commencing in Second Semester. The following is a list of the topics he will cover:

1. Political ideologies – the 'isms': Socialism, Communism, Fascism, etc., plus democracy and dictatorship.
2. Political values, attitudes and understanding. Political awareness. Alienation from the political process.

3. The Australian political system. Federation, political parties.
4. The role of the media in politics.
5. Class interests and politics.
6. Selected topics drawn from: the environment, war and peace, wealth and poverty, welfare, fossil fuels, human rights issues et cetera.
7. Politics and the world.

Classes will be held fortnightly at East Preston Senior Citizens Centre, Donald Street, East Preston (Melway 19 A10) on Wednesday afternoons, 3.15 – 4.45 pm. Classes will be held on alternate weeks to the present Current Affairs class, **commencing on 18 July** – date to be confirmed in the June Newsletter. To enrol in this class please leave a message at the office, giving your name, Membership number and phone contact details.

Short Courses for Second Semester

A number of short courses are planned for second semester, including Sudoku with Russell Lennox. We look forward to the return of historian Tony Barta, and also a new series of talks on the local printing trade. Full details will be published in the June Newsletter.

More Classes Needed

We badly need more tutors to present new classes, particularly at our new venues in East Preston and Reservoir.

Do you have a particular hobby, or an area of expertise or knowledge, which you would like to share with others? Or perhaps you know someone who might be willing to present a new class, either a short course or a longer one – weekly, fortnightly or monthly. Here are some suggestions: another Book Club, a craft or woodwork class, a Yoga or laughing group.

We also need more members to become involved in planning new courses. If you would like to join our Course Planning team, or if you have any ideas or suggestions, please leave a message at the office.

Book Discussion 1

Four members of the first Wednesday book discussion group attended the Writers' Festival in August. Our main objective was to see and hear Steven Carroll, in conversation with Jason Steger, discussing his new book *The Spirit of Progress*. This novel is a prequel to his Glenroy trilogy, and having read and discussed the first two books, and with the third slotted in for November, we were keen to hear the author's comments. Carroll is a wonderful, exuberant character with expressive hands. In fact, at times he seemed to be conducting an orchestra!

The Spirit of Progress is based on a family story that he heard as a boy; when he researched it, it proved to be true. His great-great-aunt Julia Carroll was the subject of a painting by a young Sydney Nolan, and a large blow-up of the original painting was shown on the screen. Carroll has taken the history of his great-great-aunt and the painter and created a fictional account of Melbourne in the late 1940s with its burgeoning suburbs encroaching on farmland, and the need for more housing for the booming population to settle into after a devastating war. Peacetime had a different effect on Nolan and his fellow artists and writers - the suburbs were not for them! Many of the characters will have readers guessing as to their real identity.

Carroll explained that most of *Progress* was written in France while on a literary grant. He sometimes wrote up to three thousand words a day. He spoke of how he enjoyed his craft - it had been 'great fun', he said. He also told us that he has another book in the pipeline and we concluded that here was a man who obviously enjoyed his work. He laughed a lot and we laughed along with him.

After lunch we attended a session with Jason Steger talking with some of the *Age* Book of the Year winners. Jim Davidson spoke as an historian, John Tranter spoke of his poetry, and Fiona McGregor talked about her novel *Incredible Ink*. All three were entertaining. There

were good crowds at all venues, a buzzing atmosphere and a good day was enjoyed by all.

Chris Honig

Computers for All

This letter to the office says it all:

Saturday 12 November will be our last class for the year. A big thank you to Darebin U3A and Nalin Sharda. We really enjoy this class because every Saturday we learn new computer skills from our experienced tutor, Nalin. We are both very interested in continuing in 2012. Please list our names as we will be away when the enrolments are due. -Robert and Sharon Wong.

Thank you, Robert and Sharon. Nalin says that he enjoys the classes too, and looks forward to seeing you again in 2012

French Language and Culture

Remember when you were being taught a language at school? It was all GRAMMAR ... GRAMMAR ... GRAMMAR! Very important as a basis for learning a language, but rote learning is not the way to engage students. It can become dull and uninteresting, with the result that students become disengaged and lose a lot of enthusiasm for the subject. (Well, that was my experience anyway.)

Thankfully our French Class at Darebin U3A is not built around those old ways of teaching. We do not have a specific text book to work through. Instead, our Tutor Clement Nanbu starts each session by asking the group what they would like to learn today and then builds the lesson around this. Sometimes it is grammar... grammar...grammar because this is what was requested, but generally it is more a discussion of French culture and history.

Clement is an engaging (I think the women would say 'charming') young fellow who brings the sessions to life each week, with his stories of his life in France and his insights into how the French people live and think.

Along the way, during these discussions, he effortlessly brings in important practical aspects

of the French language, so that almost without realising it, each week we have learned something new. The discussion format also gives us a chance to practice our vocabulary and try to temporarily lose our Aussie accents.

Clement to his great credit, is always supportive of our attempts and skilfully balances the needs of all students, each of whom is at a different level of understanding, so that no one feels left behind.

In short, the class is stimulating, educational and fun. What a great way to spend an hour and a half each week.

Ray Matters

Poetry Through the Ages

Haiku is a Japanese form of poetry in which the poem consists of seventeen syllables in three lines of five, seven and five syllables each.

Thank you to Maureen, a member of the poetry class, for the lovely examples below.

1.

lingering pauses

hover in Time's cloud dripping

with traces of you

2.

my thoughts mulled in wine

love honeycombed with desire

soul particles drift ...

3.

weaving spells between

the gaps and spaces of us

is Love's alchemy

4.

t-r-i-p-p-i-n-g over love's

breathing pulse I toppled and

reality tipped

Maureen Edwards

LIFE EXPERIENCES

Up in the Air

Do you want something different to add to your 'Bucket List'? Gliding is the go! I took up this opportunity during the summer break and it was one of the best 45 minutes of my life. The glider weighed 380 pounds, and it was exhilarating flying at 7,000 feet and 120 kph. I felt like I was stationary. The biggest thrill came when I was given the opportunity to fly the glider over the top of Mt. Bogong (Victoria's highest mountain at 6,800 feet). It was a real hoot! I took my flight from Mt Beauty, but Benalla and probably Moorabbin airports also have glider flights. A word of warning – if you are prone to motion sickness, forget it! P.S. Sky Diving is next!

Noel Butterfield

OUT AND ABOUT

Darebin Community and Kite Festival

This annual community event was held on Sunday 19 February at All Nations Park. The weather was perfect – a lovely mild summer day with a light breeze. The atmosphere was very festive, with large crowds enjoying music from local bands, a Chinese Dragon and other entertainment. We were very fortunate that our marquee overlooked the kite-flying field, so we could enjoy the colourful spectacle.

We had visitors from far and wide at our booth – from other U3As in Victoria and interstate, as well as overseas, from London to Israel! What a wonderful international family! (Did anyone else see the episode of *New Tricks* which featured U3A?)

Our booth looked very attractive and inviting, adorned with banners from the Needlecraft group and the U3A Network, new display boards with photos of class activities, and three large wooden stands displaying course information and our large Tree of Learning poster. Altogether, we probably had one of the most professionally presented and informative marquees at the festival.

Many thanks are due to Audrey, Jim and Russell for the many long hours they put into creating and setting up this fine display. Special thanks are also due to Mary de Bortoli for organising a wonderful band of enthusiastic volunteers who handed out hundreds of brochures.

Jill Craig

NOTICE BOARD

Lost and Found

A black and red floral stole was left in the classroom on Tuesday 28 February. It is being kept in the office for its owner to claim.

Indian Cultural Day

The Ivanhoe Library, in partnership with the North Region Indian Seniors Association (NRISA), is holding an Indian Cultural Day on **Sunday 25 March**, 1.30 – 4.00 pm, at the Banyule Arts Space, 14 Ivanhoe Parade, Ivanhoe (parking available behind the library). Enjoy songs, dances and activities based on the Indian Festival of Colours (Holi). Light Indian refreshments will be provided.

Bookings are essential for this popular event: go to the website www.yprl.vic.gov.au, or phone 9816 3401 or 0402 108 512.

U3A Sunshine Coast Inc Writing Competition 2012

This competition is open to anyone who is retired or semi-retired and is thus eligible to join U3A anywhere in Australia.

Categories:

Prose: 1: Short Story – Fiction (1,000 - 1,500 words)

2: Autobiographical Incident (1,000 - 1,500 words)

3: Challenge: *There is only one left.*

Include this in the story or use as the title. (1,000 to 1,500 words)

Poetry: 4: Free Verse (Up to 40 lines)

5: Rhyming Poetry (20 to 40 lines)

Closing date: 15 June 2012. Entries with postmarks after this date will be ineligible.

Prizes: First prize \$150.00, Second prize \$100.00, Third prize \$75.00 - in each category

Entry Fee: All entries are \$5 each.

Anthology: \$5.00 including postage

The competition convenor is Jenny Riley. For Entry Forms, Conditions of Entry and further information, please check the U3A Sunshine Coast website: www.u3asunshine.org.au, or phone (07) 5494 7230.

Seniors Information Victoria

Older Victorians can go to Seniors Information Victoria for free information on a wide range of issues, including retirement, home-based services, health and wellbeing, pensions and concessions, housing options, learning opportunities and maintaining social connections. Phone 1300 13 50 90 or go to the website at www.cotavic.org.au.

Quote for the Day

Nobody grows old by merely living a number of years; people grow old by deserting their ideals. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul.

Samuel Ullman, 1840-1924, US businessman and poet, quoted in the *Age*, 21/1/2012

June Newsletter

Calling for Contributions

The next issue of the *Flyer* will be published in mid-June and will contain the latest information on new courses for second Semester.

We welcome members' writings: reports from the classroom, life experiences, short stories, poems and 'out and about'.

June Newsletter deadline: Friday 25 May.

Articles of 250 words or less preferred.

Please send all contributions to the Editor, Jill Craig, at U3A Darebin by mail or email or hand deliver to my in-tray in the office

CLASS TIMETABLE: FIRST SEMESTER 2012

Course Title	Day	Time	Starts	Venue
SCRABBLE, 2nd & 4th Monday	Monday	10:00 – 12:30	13/2/12	East Preston Senior Citizens
HISTORY OF EUROPEAN CULTURE	Monday	10:30 - 12:00	6/2/12	Fairfield Station
ITALIAN LANGUAGE	Monday	10:30 – 12:00	6/2/12	Span
DINNER DANCING	Monday	1:00 – 2:00	6/2/12	East Preston Senior Citizens
TRIVIA AND OTHER PURSUITS	Monday	1:30 – 3:00	6/2/12	Fairfield Community Room
WRITING YOUR MEMOIRS - 7sessions	Monday	1:30 – 3:30	6/2/12	Fairfield Station
TAI CHI - BASIC	Monday	1:00 – 2:00	6/2/12	Northcote Senior Citizens
TAI CHI - INTERMEDIATE	Monday	2:00 – 3:00	6/2/12	Northcote Senior Citizens
TAI CHI - ADVANCED	Monday	3:00 - 4:00	6/2/12	Northcote Senior Citizens
COMPUTER 1	Tuesday	10:00 - 12:00	7/2/12	Span
POETRY THROUGH THE AGES	Tuesday	10:30 - 12:00	7/2/12	Fairfield Station
DRAW THEN PAINT	Tuesday	1:30 - 3:30	7/2/12	Fairfield Station
INTRODUCTION TO PHILOSOPHY	Tuesday	6:00 – 7:30	7/2/12	Fairfield Station
CINEMA STUDIES 4th Wednesday/month	Wednesday	9:45 – 12:45	28/3/12	Fairfield Station
BOOK DISCUSSION 1, 1st Wed/month	Wednesday	10:30 - 12:00	1/2/12	Fairfield Station
BOOK DISCUSSION 2, 2nd Wed/month	Wednesday	10:30 - 12:00	8/2/12	Fairfield Station
LET'S TALK TOGETHER	Wednesday	12:30 - 2:00	7/3/12	Span
NEEDLECRAFT	Wednesday	12:45 - 2:45	8/2/12	Fairfield Station
READING & WRITING FOR RETIREES	Wednesday	1:00 - 4:00	8/2/12	Merrilands
BALLROOM DANCING - INTERMEDIATE	Wednesday	2:00 – 3:00	8/2/12	East Preston Senior Citizens
SHAKESPEARE	Wednesday	3:00 - 4:30	8/2/12	Fairfield Station
COMPUTER 2	Thursday	10:00 - 12:00	9/2/12	Span
CURRENT AFFAIRS, Fortnightly	Thursday	10:30 - 12:00	9/2/12	Fairfield Station
YOGA 1	Thursday	1:00 - 2:00	9/2/12	Northcote Town Hall
YOGA 2	Thursday	2:00 – 3:00	9/2/12	Northcote Town Hall
PAINTING AND DRAWING	Thursday	1:30 - 3:30	9/2/12	Span
ART APPRECIATION, 1st-3rd-5th Friday	Friday	10:00 - 11:30	3/2/12	Fairfield & Gallery visits
ITALIAN FILMS, 4 th Friday/month	Friday	10:30 – 1:00	27/1/12	E. Reservoir Tenants Group Hall
FRENCH LANGUAGE AND CULTURE	Friday	11:30 – 1:00	24/2/12	Northcote Senior Citizens
MEDITATION AND HEALING CIRCLE	Friday	10:30 – 11:30	17/2/12	Northcote Senior Citizens
SINGING FOR PLEASURE	Friday	1:00 - 3:00	10/2/12	Span
ANCIENT CIVILISATIONS OF THE MEDITERRANEAN	Friday	1:30 – 3:00	10/2/12	Fairfield Station
LINE DANCING	Friday	2:00 – 3:30	10/2/12	Northcote Senior Citizens
COMPUTERS FOR ALL	Saturday	10:00 – 12:00	10/3/12	Merrilands
MAH-JONG, 1st & 3rd Saturdays	Saturday	1:30 - 4:00	4/2/12	Fairfield Station
CANASTA, 2nd & 4th Saturdays	Saturday	1:30 - 4:00	11/2/12	Fairfield Station

Our Privacy Policy

U3A Darebin is a community based provider of classes for older people and is run by volunteers. We collect names and addresses to enable us to mail out newsletters and other information about classes, and we list phone numbers to contact you directly if required. This mailing and phone list is not made available to anyone outside the organization.

We also ask you for personal details to provide statistical data to government funding agencies. This is a requirement for receiving government grants. The information is used for future planning.

This information is compiled into statistical reports that do not identify individuals.

If you choose to withhold these personal details there will be gaps in the data that will reduce the accuracy of the statistics, and this will not help our cause.

We do not disclose any of this information to any other parties, and would never do so without your consent.

If you have any concerns or queries or would like to know more about how we handle your private details feel free to phone our office on 96 102 102 so that we can explain our procedures in greater detail.

If undeliverable return to:



DAREBIN INC.

Reg No. A0028861A

PO Box 44, FAIRFIELD VIC 3078

Newsletter

Number 64 ? March 2012

Railway Station

26 Railway Place

Fairfield Vic 3078

Tel: 96 102 102

Fax: 96 102 101

Email: darebinu3a1@optusnet.com.au

Internet:

<http://home.vicnet.net.au/~darebinu3a/home.html>

**PRINT
POST**

PP 03047900004

**POSTAGE
PAID
AUSTRALIA**

U3A Darebin Inc. is supported by:
The U3A Network – Victoria Inc. and ...



Produced with the assistance of the office of
Martin Ferguson AM, MP for Batman.