

**FROM THE EDITOR**

**Spring Festival Time – Be Inspired!**

Spring is in the air at last and it is Festival time in Melbourne. Time to shake off the gloom of winter and celebrate the joys of Third Age learning!

Come along to the Carnival of Learning in Federation Square and be inspired by the vitality and enthusiasm of many other groups in the U3A Network. Each U3A group is quite different in character, depending on its locality and membership, but we all share the same philosophy of learning – the sharing of knowledge among equals.

It is good to be reminded of the fact that we are all part of an extraordinary worldwide movement based on a quite radical educational concept – a kind of ‘intellectual democracy’. My grandson calls us the ‘radical wrinklies’!

The unique character of Darebin U3A is beautifully reflected in the contributions from our members in this issue of the *Flyer*. They seem to encapsulate the spirit of warm conviviality and cheerful good humour which abounds in all our classes, along with a great love of learning and a deep appreciation of our wonderful tutors and their classes. Many of you have also written about the great importance of the lasting friendships you have made through U3A.

Thank you to everyone who sent in these quite heartwarming and inspiring accounts of their classroom experiences. I am sorry there is not room for all of them in this issue, but we will publish more in the November *Flyer*. Please keep them coming!



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**Be Inspired!**

**Join us at the Carnival of Learning  
 Federation Square  
 11-4pm, Sunday 3 October**

Come and visit our marquee overlooking the Square near the Flinders Street Entrance. Admire the **Needlework** display. Listen to some great bands. Watch performances from our **Line Dancing, Tai Chi** and **Yoga** groups along the Yarra Boulevard. Relax at BMW Edge and enjoy the music from our **Singing for Pleasure** group along with other U3A choirs.

## CONTACT INFORMATION

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**Visit the office during office hours\* at ...**

Fairfield Railway Station  
26 Railway Place, Fairfield Vic 3078.

**Or go to the website at ...**

<http://users.alphalink.com.au/~dbin/home.html>

**Office hours during school terms:**

Whenever possible there will be someone in attendance on week days at the following times (except Public Holidays and term breaks):

Mon – Friday: 10.30 am to 12.00 noon  
and 1.00 pm to 3.00 pm

\*Before visiting the office, please phone to check that somebody is in attendance.

### 2010 Committee Members

President .....	Audrey Grace
Vice-President .....	Don Stewart
Secretary .....	Frances Hennessy
Treasurer .....	Dianne Beaumont
Assistant Secretary .....	Elva Armstrong
Office Co-ordinator .....	Pat Oswald
Property Officer .....	Jean Garita
Newsletter Editor .....	Jill Craig
Tutor Co-ordinator .....	Carmel Lee
Membership/Class Records	Tony Wild
Committee Member .....	Lorraine Carr
Committee Member .....	Jim Logan
Committee Member .....	Judith Prosser

### Other Positions

Honorary Accountant .....	Basil Conquo
Class Enrolments .....	Claudia Sanzin
Archives .....	Luciano Sanzin
U3A Network Delegate ....	Odette Stuckey
Computer Consultant .....	Russell Lennox
Assistant Editor .....	Teresa Pitt

## PRESIDENT'S MESSAGE

Exciting plans are underway to develop a new membership base in East Preston.

We have been aware for a long time that Darebin U3A has been mainly covering the southern end of the municipality.

The Darebin Council has made the cosy **East Preston Senior Citizens Centre** available to us on Mondays from 2011. It is situated in Donald Street between Tyler and Wood Streets and just off Albert Street. It is close to Northland Shopping Centre, so it is well serviced by many different bus routes.

We can hold three or four classes there to cater for those living nearby and extend our wonderful fraternity.

A Book Discussion group would be popular, and a games or craft group. Perhaps we could provide an exercise class or a cultural/historical class for balance.

You, dear members, can help in two important ways. Firstly, please help in the search for new Tutors. Secondly join a team of walkers to 'post' our brochures in the surrounding streets, to promote U3A in the area.

Let's make it happen!

*Audrey Grace*

## FROM THE COMMITTEE

### Darebin Community Grants

Members of your Committee attended the annual Cheque Presentation Ceremony held at the Preston City Hall on Thursday 19 August.

We are grateful that the Council is supporting us once again in such a practical way by paying a significant portion of the rental costs for our classrooms – this year we received almost \$4000.

We have been asked to give a presentation at the 2011 ceremony. This will be a wonderful

opportunity to tell the community about 'Twenty years of U3A in Darebin'.

### **Update on 20th Anniversary Celebration**

The Preston Shire Hall has been booked for the day, which is Sunday 16 October, 2011. The Needlecraft group is already busy making a new banner. We are considering ways of celebrating the occasion, so please send in your ideas and your contributions to the Honour Roll. We are also hoping to publish a book, which Teresa Pitt has offered to produce, so please start looking out any photographs and other memorabilia you may have at home.

### **Members Morning Tea**

**Monday 27 September, 10.30 – 12.30.**

#### **Northcote Senior Citizens Centre**

Everyone is invited to a convivial morning tea in the main hall at the Northcote Senior Citizens Centre, 18A Bent Street, Northcote (off High Street, opposite Northcote Central). This is during the term break and we are hoping many of you will attend this social gathering to chat with friends and to meet members of other classes. Put it in your diary now and don't forget to let the office know if you are coming. Please bring a plate of food to share.

Our Secretary, Frances Hennessy, will give a presentation on her recent travels:

#### **A Short Introduction to Beijing and the Trans-Siberian Railway**

This visual presentation will be from a selection of the many photos I took on the 23-day journey I recently made across China, Mongolia and Russia. It will be an interactive presentation, with questions invited 'from the floor' as I share what was an interesting, exciting and moving journey.

Frances Hennessy

### **Parking tickets for Fairfield RSL**

A reminder: your old ticket became obsolete on 30 June. If you cannot visit the office to

purchase your new one, leave your name and telephone number for Audrey to call you and make an appointment. You need to complete a form, pay \$5 and supply your car registration number. You are not entitled to park there until you have a current RSL ticket to display on your car dashboard.

### **Honorary Auditor Needed for 2011**

Richard Sanzin, our Honorary Auditor, will not be continuing after this year. The Committee is very grateful for his generosity and expertise in meticulously auditing our accounts.

Are you an accountant, or do you know of one, who would be willing to audit the accounts of Darebin U3A in an honorary capacity in 2011? Our books are well prepared and it would not be an arduous task. If you know of anyone who can help us, please contact Audrey or Dianne at the office.

### **Victorian Seniors Festival: Opening Day Carnival of Learning 11 – 4 pm, Sunday, 3 October Federation Square**

As part of the Carnival of Learning, Darebin U3A is once again joining many other U3As to give entertainment and promote this great organisation for retirees. If you haven't yet taken the trip into town to see this fabulous event – do come this year. We will have our own marquee overlooking the Square, where the **Needlecraft** group will be demonstrating and teaching. Our **Tai-Chi, Yoga and Line Dancing** classes will give enthusiastic demonstrations along the Yarra Boulevard and our choir will be singing at the BMW Edge.

*Be Inspired*, the 2010 events program booklet, with booking details is available at Coles. We also have a box of them in the office. Call in for your copy.

Also note that you have eight days of free travel using your Seniors card throughout the metropolitan and regional transport system. It will be mid-spring – a lovely time to be out and about.

## Darebin Seniors Festival

This festival will run over two weeks, from 11 – 24 October, combining with other City of Darebin events such as the All Nations Park Walk in the evening of 14 October, and culminating with the Festival of Light in Edwardes Lake Park on 24 October.

The theme is participation and there is a great mix of events to include families.

So watch your local newspaper and Darebin Council notices for more details as we get closer to the time. **We will have a booth at Edwardes Lake** and need a team of members to hand out brochures at all the events. This is a great opportunity to promote DarebinU3A and all our wonderful classes.

We may even find a new tutor – or three!

**Five Darebin U3A classes are holding 'open days', inviting retired people to come and try their activities, followed by refreshments.**

**Improving Your English:** Wednesday 13 October, 12.30 – 2.00pm, at SPAN, 70 Clyde Street, Thornbury.

**Tai Chi:** Monday 18 October, 12.30 – 1.30 pm, at Northcote Senior Citizens Centre, 18A Bent St., Northcote.

**Charades, Trivia and Music:** Monday 18 October, 2.30 – 4.00 pm, at the Community Room, Fairfield Community Centre, 121 Station Street, next to the Library.

**Singing for Pleasure:** Friday 22 October, 1.00 – 3.00 pm at SPAN, 70 Clyde St., Thornbury

**Line Dancing:** Friday 22 October, 2.00 – 3.30 pm at Northcote Senior Citizens Centre, 18A Bent St, Northcote.

**Needlecraft:** Wednesday 20 October, 1.00 – 3.00 pm, at **Fairfield Library**. The needlecraft group will be demonstrating and also teaching visitors to make something small to take home.

Watch the windows in the Fairfield Community Centre walkway for their displays of work during this fortnight.

## Fire Safety Advice

A retired fire officer, Ian Fowler, visited your Committee on 17 August to talk about fire safety in the home. He said that 80 per cent of fires started in the kitchen and made these recommendations for our safety:

1. Install a fire blanket and home fire extinguisher in or near the kitchen.
  2. Keep all fans, particularly the clothes drier fan, clear of lint.
  3. Have your appliances with ducting regularly serviced and cleaned, and dust your radiators.
  4. Make sure your smoke alarm has a working battery.
  5. Throw out your electric blanket.
  6. Don't use heat bead pillows in bed; use a hot water bottle instead.
  7. In case of an electrical fire, switch off the power and pull out the plug.
  8. In the case of fire, ring 000 and say "fire" - *even if you think the fire is out.*
  9. Permit only licensed electricians to do electrical work.
  10. Do not overload electrical circuits and have safety switches on your powerboards.
- Ian recommended a MFB publication, *Home Fire Safety*, which is available free at any fire station. It is well illustrated and informative.

**Annual General Meeting and  
Celebration  
and Special General Meeting:  
Tuesday 7 December at Fairfield RSL  
1:00 – 4:00 pm**

- Celebration of nearly 20 years of learning and friendship
- Annual General Meeting and election of 2011 office bearers, followed by Special General Meeting and afternoon tea.

## COURSE INFORMATION

### Term Dates

Third term finishes Friday 17 September.

Fourth term: Starts Monday 4 October and finishes Tuesday 30 November.

### New Timetable for Term 4

Please check the new Timetable for Term 4 on the back page as there have been a number of changes to class times and venues.

- **Draw Then Paint** on Tuesday at Fairfield Station will now commence at 1.30 and finish at 3.30. New members welcome.
- Due to unforeseen circumstances, **French Language for Beginners** has been cancelled until further notice.
- **Reading and Writing for Retirees** at Merrilands Community Centre has now moved to an extended time slot: 1pm - 4pm on Wednesday afternoons.
- The course **Heroines of the Western World** finished on 10 September. Next year the tutor, Dr Jone Gaillard, is presenting a new course, **Female Archetypes in History and Legend**. In this course Jone will continue her examination of the portrayal of women through history, legend and art.

### Blackboard at Fairfield

A blackboard has been installed in the Fairfield classroom at the request of Jane Savage, tutor of **Draw then Paint**. It is available for the use of all, but please only use the chalk and duster in the box kept on the TV console. No pins, please.

### Try Something New!

Your annual membership entitles you to enrol in any number of classes, as long as there are vacancies. So check out the latest timetable to see if there is something else to interest you.

Please phone the office if you wish to enrol in another class, giving your name, membership number and telephone number.

## Charades, Trivia and Music

Noel Butterfield has recovered from his recent operation and is full of enthusiasm about this new class which will commence on **Monday 4 October**. It will run weekly from 1.30 – 3-00pm. We have booked the large Fairfield Community Room, 121 Station Street, Fairfield, next to the Library, so you will have lots of space. Noel has a great bag of tricks and promises you a lot of fun. Call the office to book in. Noel describes his plans for the class below:

### A course to keep us razor sharp

This is a rallying call to all those who just want to have fun!

Charades: Welcome to the ultimate fun of non-verbal communication! We will devote one session to learning the prompts, and then away we go with movie titles, books, proverbs, poems, quotations ... We will work in teams wherever possible, so please bring a friend if you can.

Trivia: I have conducted fund-raising trivia nights at over ten schools over thirty years! I have collected an abundance of great source material (and equipment) for games such as 'Sale of the Century', 'Temptation', 'Who Wants to be a Millionaire', 'Pictionary', 'Word Power', 'Hangman', 'Trivial Pursuit', 'Boggle', and more.

Music: There will be rollicking, foot-tapping music to accompany the music section. You probably know the drill – I play a few bars, and all you have to do is provide the song title and the performer. We may even play the entire song just because we like it!

The format of the class will be largely determined by you. Let's kick off at the beginning of Term 4 – a super way to emerge from a dismal Melbourne winter. I look forward to meeting you!

Noel Butterfield

**Disclaimer**: The material presented in classes is at the discretion of the class tutor or leader and does not necessarily reflect the views of U3A Darebin Inc.

## HONOUR ROLL

In this column we invite all our members to write a short piece about someone they feel has made an important contribution to Darebin U3A, either recently or in the past. It could be a Tutor, a Committee member or simply someone 'behind the scenes' who has been especially helpful or inspiring.

Often the most willing and hardworking volunteers are also the most self-effacing. So I would like to dedicate this column to some of these 'unsung heroes', such as Pat Oswald, our Office Coordinator, and her wonderful band of Office Volunteers, and all the Class Representatives for their important role in the smooth operation of classes.

**Jean Garita** is a perfect example of the unassuming volunteers without whom Darebin U3A would not be able to function.

You may know Jean as a lovely cheerful fellow class member, or as the ever-welcoming Needlecraft coordinator, or as a gracious hostess at one of our morning teas. But did you know that it is Jean who cleans the Fairfield premises (including the toilet!), provides drinkable water, milk, tea and coffee and even goodies like chocolate chip biscuits? It is Jean who replenishes our stocks of toilet rolls, paper towels and essential office supplies.

Jean has served on our Committee for many years as **Property Officer**, which carries many responsibilities apart from those above, including the maintenance and security of the building and installations.

Jean carries out all these tasks with a simple, cheerful grace which to me exemplifies the spirit of Darebin U3A. When asked some years back why she served on the Committee, she simply said she believed in giving something back to the community.

We thank you, Jean, and we salute you for your essential contribution and service to Darebin U3A.

Jill Craig

## HISTORY OF U3A

The first University of the Third Age was founded in Toulouse, France, in 1972 to improve the quality of life for older people by bringing them into contact with academic programs run by the University.

In July 1981, the U3A concept was introduced to Britain. In contrast to the French, the British U3As adopted the idea of a self-help or mutual aid model. This self-help approach follows the original concept of a community of scholars, which is the medieval concept of a university.

In the latter part of 1984, the first Australian U3As were formed in Melbourne, based on the British model. Each U3A is autonomous. Activities are planned jointly by group leaders and students in response to members' interests. There are no entry requirements for membership, there is no assessment, and no academic qualifications are needed.

U3As tap the great reservoir of knowledge, skills and experience which is to be found among older people and which is often undervalued or overlooked. All of the teaching, planning and administration of a U3A is carried out by its own members.

The umbrella body for U3As in Victoria is the U3A Network. It provides services for its member U3As and represents them in negotiations with government bodies.

## U3A EXPERIENCES

### **The Value of Friendship**

After my husband, Paddy, died I felt lost and lonely. Although I had a loving and supportive family, I was retired and wondered how I was going to fill the empty days. I had never been someone who joined clubs and organisations, but when I heard about U3A something made me decide to check it out. I'm so glad I did! I joined U3A in 2004 and since then have been a part of the **Tai Chi, Yoga** and more recently **Line Dancing** classes.

I enjoy these classes very much and I know that, should I want to do so, there are so many other classes on different subjects open to me to become part of.

But what I really like about U3A is the people – everyone is so nice, and I have made some good friends, which matters very much to me.

Mary Short

### **A Lifetime of Experience**

*The following extract is from our book, 1991 – 2001: The First Ten Years, published to celebrate our tenth anniversary in 2001.*

People retire from paid work for many reasons, which will include compulsion or choice. But no matter what the reasons, nothing fully prepares you for the social effects of losing the structure that being in the workforce gives to your life.

You do need time to enjoy your holidays and to fully appreciate the grandchildren. Yet it seems that without much disposable income, you suddenly disappear as a person and become invisible to bank managers, shopkeepers, other people and groups. Even your family may act as though they've heard everything you say before.

You have spent a lifetime building up experience and expertise which no one wants to hear about; you are defined by your appearance, which is out of date.

This is where U3A comes in, with balloons, bells and whistles. It offers everyone opportunities to share their knowledge and to enrich the material being studied ...

Through participation in U3A, as a Tutor and a student, I have both found and rediscovered friendships which are very important to me, and which sustain me as a real person in the real world.

Margaret (Nickie) Munro, 2001

## FROM THE CLASSROOM

### **History of European Culture**

As a child I loved the fact that my father could answer all of my questions. Now, to the delight not just of myself but of the whole of the **History of European Culture** class, we have in our wonderful teacher Yana Ostapenko someone who can answer our questions dating all the way back to the Neolithic period of 5000 BC. What phenomenal knowledge we are privy to in Yana, who says how much she enjoys sharing it with us.

Yana prepares each lesson very carefully, frequently using video to demonstrate the history and culture of the periods we cover, but you can be sure that the class will take her off on a tangent to explore historical aspects that prick our curiosity in relation to the subject. Often these discussions will draw comparisons with modern life, causing deep contemplation within the class. Yana leads these talks with a delightful sense of humour but always with a deep compassion. Our teacher was Associate Professor of History at Kharkov University in the Ukraine before coming to Australia three years ago, and this together with her Ukrainian heritage has added a real passion to her teaching of the Russian and Ukrainian component of the course.

We thank her from the bottom of our hearts for making this subject utterly enthralling.

Kaye Cross

### **Line Dancing at Bent Street**

Wow! What a buzz! This class kicked off on 14 May with an aura of excitement as a goodly group gathered to meet their mentors. It has been a period of good learning and much enjoyment in an atmosphere of friendly fun. David and Lorraine introduced us to 'The Electric Slide' before 'Walking Across Texas' with a 'Chicago Swing'. We soon settled into a happy swinging group of dancers.

David and Lorraine are first-class teachers. Their readiness to accept variations to their planned dance routines does give them a rare sense of fun. With 'A Haunted Heart', 'The Bugle Boy' – the sole male survivor – seeks other males to enjoy the fun of the dance while avoiding 'The Cowgirl'.

We concluded the winter season with a 'Red Hot Salsa' and a 'Rock and Roll Waltz'. We all look forward to Friday afternoons with relish. We thank David and Lorraine for creating a friendly atmosphere where we can enjoy mistakes (variations!) and the friendship of the members of the Chorus Line.

Mind you, a little bit of baiting does go on between the Carlton Bluebaggers and the Essendon Bombers as the footy season ends! After all, it's not every day we get to share a coffee break with friends, mentors, and teachers who are Australian Champions.

We are performing on:

- Sunday 3 October at Federation Square, as part of the Carnival of Learning
- Friday 22 October, 2.00-3.30 pm, at Northcote Senior Citizens Centre, 18A Bent Street, Northcote, as part of Darebin Seniors Festival.

That's a quick rise from novices to public performers – a bit like 'Dancing with the Stars'!

Kevin Williams

### **Living in Dachau 1900 – 1950**

With the aid of slides and personal accounts from some of the people of this small Bavarian town, Tony Barta offered us a glimpse into the lives of ordinary people during this tumultuous period of German history.

This approach helped us all to deepen our understanding of how this history unfolded, from a very human perspective.

Tony has generously lent Darebin U3A a copy of his book *Nazi Germany: Understanding the Third Reich* (La Trobe University Studies in History, Revised and Expanded Edition, 2004).

Please contact Jill Craig if you wish to borrow this excellent book. Thank you Tony!

Jill Craig

### **Needlecraft**

The needlecraft class regularly becomes a riot of voice, colour, chaos, laughter and creativity. We create coat hangers, knitted baby garments for Africa, personal gifts for family and friends, lavender bags of great sophistication (French – ooh la la!), and doll makeovers par excellence.

We are also combining our skills to create an Anniversary Banner celebrating the 20th anniversary of Darebin U3A.



All this comes together under the guidance of our class leader, Jean Garita.

Ronda Zwart

### **Singing for Pleasure**

Are you the sort of person who likes to sing in the shower, while you are working around the house, or driving along in the car? Then you are the very one we would like to join us at **Singing for Pleasure**, which meets every Friday, 1.00 – 3.00 pm, at SPAN, 70 Clyde Street, Thornbury, under the leadership of Jim Logan.

Jim selects a variety of songs for us to learn, and now and then we are asked to sing at different venues. So come along and help us make beautiful music. You will be most welcome. We hope to see you there!

Elva Armstrong

### **Tai Chi**

Tai Chi is a gentle exercise program which helps move every muscle, assists greatly with our balance and relaxes our mind. Our great teacher, Barry Watson, now runs three classes – Basic, Intermediate and Advanced. Barry is a superb teacher, so skilled and patient. He is able to give each student confidence in his/her ability and progress. Little did the Advanced class dream three years ago that we would

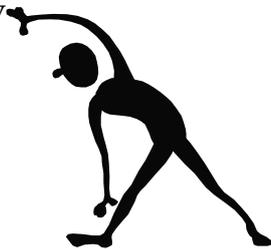
graduate to *swords*! Now we're dreaming about *fans* next year??

All the members of the classes are friendly, with students giving each other support and encouragement. We work hard in class, but we also have lots of fun and really look forward to Mondays. I honestly feel that I move more freely since I have joined the Tai Chi class, and that is a great bonus. Thank you, Barry, for providing these classes and for your inspiration.

Mary De Bortoli

## Yoga

Yoga! What can I say about our Yoga classes, which we do each Thursday under Sharma's expert tuition and above all patience. They are certainly fun (that is to say, when we are not in pain) and we are all amazed at the extent to which we can push our bodies with Sharma's encouragement. Yoga helps your mind and body and teaches you to relax, as some of us find hard to do at times. Listening to Sharma's voice as she guides you through the breathing and relaxing exercises is very soothing. Yoga helps build your confidence in aspects of everyday life such as balancing, walking long distances, walking up stairs, and bending to pick up things – just little things but so important to contribute to a healthy and independent lifestyle. I have found that my general health has improved also, and I am sure that others in our class have found the same.



I find, as others do in our class, that the friendships we have made will remain with us. We always have a cuppa and the odd cake after Yoga and solve the world's and our own problems, along with much laughter, which is very, very good for all of us and which we enjoy so much. (We don't know about the other people in the café who have to put up with our noise!)

Thank you, Sharma – you are a wonderful teacher and person and we all thank you so much.

Maureen Barlow

## OUT AND ABOUT

### Darebin Presentation Ceremony

On 19 August Darebin City Council held a Cheque Presentation Ceremony at the Preston City Hall for successful applicants for Community Grants. Hosted by Councillor Trent McCarthy, the evening was a great multicultural event. It was diverse, interesting, rewarding and extremely well organised. It opened with a tribute to the traditional owners of the land of Darebin, followed by an acknowledgement to Council officers and the Mayor, Councillor Vince Fontana. Our President, Audrey Grace, gratefully received a cheque towards the expansion of our educational programs. A selection of community grants recipients then gave a short presentation about their projects. These were:

- Breakaway Camps
- Summerhill Dance Group
- Songlines Aboriginal Music
- Arabic Baptist Church
- Synergy Gallery.

Judith Prosser

### Wilma's Birthday Bash

The **Singing for Pleasure** group were 'backing singers' for Wilma Plozza-Green at her recent birthday celebration. It was a very pleasant occasion.

Wilma gave \$80 to the tutor, Jim Logan, in appreciation. The choir has donated this to U3A general funds. Thank you, Wilma.



Audrey Grace

## NOTICE BOARD

### La Trobe University Research Study: Combining Sounds and Images

Volunteers are wanted to assist Anderson Ngan, a postgraduate student at La Trobe University. He is seeking people aged 60 and above to participate in a developmental study of multisensory processing, as part of his Masters degree in Clinical Neuropsychology. The aim of the study is to investigate how children and adults integrate familiar and non-familiar auditory and visual information.

If you have a couple of hours to spare and would be interested in participating, please phone Anderson on 0415 322 787. He is offering volunteers a **complimentary double movie pass** to compensate for their time.

For further information, see the study description from La Trobe University on the notice board at Fairfield, or enquire via email at [angan@students.latrobe.edu.au](mailto:angan@students.latrobe.edu.au).

### Darebin Library Activities

**Murder and Mayhem in Darebin:** Tuesday 19 October, 7.00 – 8.00 pm at Preston Library. Take a journey with local historians Paul Michell (our **Cinema Studies** Tutor) and Gary Edge through some of Darebin's long-forgotten crimes – poisoning, muggings, robberies and murders. At some stage they all happened here! Bookings essential; phone 1300 655 355.

### Light Lunches at Fairfield RSL

Fairfield RSL has developed a menu of nutritious light lunches. We have a menu on our noticeboard, or just drop in to the RSL.

### Lost and Found

- A single earring, found at the entrance to the Fairfield office on 14 July. Please contact Ronda Zwart on 9439 9662.
- A bundle of photocopied documents relating to family history research, left in the office several weeks ago. These precious documents must belong to someone! Please contact the office if these are yours.

### Three Countries, Three Universities – Ireland, Scotland, England:

#### U3A Melbourne City Tour August 2011

This U3A tour has been organised with thought for the mature-aged traveller. It provides a leisurely and enjoyable journey, staying four or five nights in each of the main centres: Dublin, Edinburgh, Cambridge and London. The tour will have an emphasis on the historical development of the three countries.

The price of \$9750 includes airfares, accommodation, daily breakfasts and most dinners. Accommodation is in University colleges, and single en suite rooms are available at no additional cost.

If you are interested, ask for a brochure at our office or ring Sage Travel on 1800 668 808.

## November Newsletter Calling for Contributions

The November *Flyer* is due out in mid-November in advance of the Annual General Meeting

### WANTED:

- Tutors' plans and changes to course descriptions for 2011
- Members' writing, including: life experiences; items for the Honour Roll; classroom reports; items of interest; Darebin U3A history; photos; poetry; stories.

### Newsletter deadline: Monday 18 October.

Articles of 250 words or less preferred. Please send all contributions to the Editor, Jill Craig, at U3A Darebin or simply drop them in to the office by hand.

## CLASS TIMETABLE FOR TERM 4

<b>Day</b>	<b>Time</b>	<b>Starts</b>	<b>Subject</b>	<b>Venue</b>	<b>Comment</b>
<b>Monday</b>	10:30 - 12:00	4/10/10	History of European Culture	Fairfield Station	
	10:30 - 12:00	4/10/10	Italian Language	Span	
	12:30 – 1:30	4/10/10	Tai Chi - Basic	Northcote Senior Citizens	
	1:30 – 3:00	4/10/10	Charades Trivia and Music	Fairfield Community Room	
	1:30 – 2:30	4/10/10	Tai Chi - Intermediate	Northcote Senior Citizens	
	3:00 - 4:00	4/10/10	Tai Chi - Advanced	Northcote Senior Citizens	
<b>Tuesday</b>	10:00 - 12:00	5/10/10	Computer 1	Span	Full – wait list
	10:30 - 12:00	5/10/10	Poetry through the Ages	Fairfield	
	1:30 - 3:30	5/10/10	Draw then Paint	Fairfield	
<b>Wednesday</b>	10:30 - 12:00	6/10/10	Book Discussion 1	Fairfield Station	1 <sup>st</sup> Wed/month - Full
	10:30 - 12:00	13/10/10	Book Discussion 2	Fairfield Station	2nd Wed/month
	9:45 – 12:45	27/10/10	Cinema Studies	Fairfield Station	4 <sup>th</sup> Wed / month - Full
	12:30 - 2:00	6/10/10	Improving your English	Span	
	12:45 - 2:45	6/10/10	Needlecraft	Fairfield Station	
	1:00 - 4:00	6/10/10	Reading & Writing for Retirees	Merrilands	
	3:00 - 4:30	6/10/10	Shakespeare	Fairfield Station	
<b>Thursday</b>	10:00 - 12:00	7/10/10	Computer 2	Span	Full – wait list
	10:30 - 12:00	7/10/10	Current Affairs	Fairfield Station	Fortnightly
	1:00 - 2:00	7/10/10	Yoga	Northcote Town Hall	Fully Booked
	1:30 - 3:30	7/10/10	Painting and Drawing	Span	Fully Booked
<b>Friday</b>	10:00 - 11:30	1/10/10	Art Appreciation	Fairfield & Gallery visits	1st-3rd-5th Friday / month
	1:00 - 3:00	16/07/10	Singing for Pleasure	Span	
	2:00 – 3:30	16/07/10	Line Dancing	Northcote Senior Citizens	
<b>Saturday</b>	1:30 - 4:00	3/07/10	Mah-Jong	Fairfield Station	1st & 3rd Sat. / month
	1:30 - 4:00	10/07/10	Canasta	Fairfield Station	2nd & 4th Sat. / month

### Our Privacy Policy

U3A Darebin is a community based provider of classes for older people and is run by volunteers.

We collect names and addresses to enable us to mail out newsletters and other information about classes, and we list phone numbers to contact you directly if required. This mailing and phone list is not made available to anyone outside the organization.

We also ask you for personal details to provide statistical data to government funding agencies. This is a requirement for receiving government grants. The information is used for future planning.

This information is compiled into statistical reports that do not identify individuals.

If you choose to withhold these personal details there will be gaps in the data that will reduce the accuracy of the statistics, and this will not help our cause.

We do not disclose any of this information to any other parties, and would never do so without your consent.

If you have any concerns or queries or would like to know more about how we handle your private details feel free to phone our office on 96 102 102 so that we can explain our procedures in greater detail.

If undeliverable return to:



**DAREBIN INC.**

Reg No. A0028861A

PO Box 44, Fairfield Vic 3078

Newsletter

Number 59 o September 2010

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Produced with the assistance of the office of Martin Ferguson AM, MP for Batman.