

DAREBIN – UNIVERSITY OF THE THIRD AGE INC.
Reg. No. A0028861A

“Railway Station” 26 Railway Place, Fairfield 3078
Mail Address PO Box 44 Fairfield Vic 3078
Phone: 96 102 102 Fax: 96 102 101 Email: dbin@alphalink.com.au

A MESSAGE FROM THE PRESIDENT

Since I last wrote to you, I have been to visit David Carrell. David is in fine spirits and so proud of his certificate that is displayed above his head.

Anyone wanting to visit David can find him at Epping Private Nursing Home, 30 Epping Road, Epping.

On a different note, it is with regret that I announce the resignation of Elizabeth Wilby (Tutor Coordinator) and committee member Peter Dunn. Tutors can continue to ring the office with any enquires and Claudia will be happy to help you.



Now is the time that I have to inform you of upcoming vacancies on our committee. There will be quite a reshuffle at the end of the year, so I would like to give every member ample time to consider helping Darebin U3A so that we may continue as an organisation.

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Resignations will be received from:

Claudia Sanzin
Luciano Sanzin
Sue Biggin
Elizabeth Wilby
Peter Dunn

Office Coordinator
Property Officer
Newsletter Coordinator
Tutor Coordinator
Committee Member

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So without going into all the negative drama let's just say that this gives ample opportunity to those of you wishing to take a more active role in the running of Darebin U3A.

I wish you all good health.

Enjoy your classes,

Charles Keele

SHORT STORY

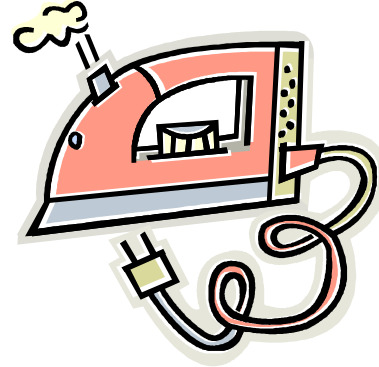
This month's contribution comes from my mother, Claudia Sanzin. If you think this is a bit too nepotistic send us in your story and I will include it in the newsletter.

A MERRY AFTERNOON

Did we have fun, the other day, in the "Improve your English" class?

To keep us quiet, because normally we Italians are such a noisy bunch, the teacher gave us an essay to do.

She wrote these single words on the whiteboard: IRONING UNDERWEAR and said 'Write a few lines with these two words in it'.



Well, well, well, I'm telling you, after we all put down on paper our thoughts, we started reading aloud our compositions and the fun began.

The majority of the students categorically declared that they never do iron underwear, then we had the ones who did.

Someone presses delicate underwear with a cloth over it and a warm iron, someone else presses the cups of the bra first, then the lace and elastic. What I liked were the instructions on how to press men's underpants. So, first you press the back, then, turn the garment over and press in three stages, left side, right side and then the 'pocket' in the middle. (It must have been a long time since she saw a pair of men's underwear). We learnt how to fold this unnamed article; you fold the bottom part up first, then on top of that, you fold one side and then the other.

We have two men in our class. One told us that in the later years he learnt to fold and put away his underwear. The other man (a Napolitano) told us that his mother instructed him, before he got married, to never do a woman's job. (Ah! If I could be a fly on his wall!)

But then we had the inquisitive one who wanted to know who invented the damn thing anyway, because Eve never had this problem of washing and ironing her underwear. With so many fig trees in the Garden of Eden she only had to choose which new leaf to wear every day. But I ask the question – How did she keep it in place properly?

The environmentally conscious informed us that you do not iron anything in contact with your skin. In my book that covers everything. I like this reasoning the best.

So now you know, like I do, everything there is to know about ironing underwear.

WHAT'S HAPPENING AT DAREBIN U3A?

Radio Segment

So that all our members can listen to and enjoy our radio segment, we have joined 96.5FM Community Radio based at Warringal Shopping Centre. Write it on your calendars, set your alarms for the third Wednesday of the month between 12.30 and 1.00 pm for our segment. ALSO as a special treat we have Gwen Lacey reading some of the stories written by our membership and this will happen every Monday at 2.00pm as part of the Sound Great Program.

SO, let's get back to an earlier plea for more short stories, cause we don't want Gwen to run out of material do we?

Yoga

How successful is this class? Thank you to all our members who are attending and enjoying their classes so much. Unfortunately we have not had to advertise this class because of its instant success. We run 1 hour every Tuesday from 2.30 pm. It is run by Dr P. L. Aneya. You don't even have to get on the floor. It has been designed for those who are only able to sit on a chair as well. This class has been especially adapted for the elderly. Early reports of feeling great and sleeping better are pouring in so make sure you check us out.

History



This course will be finished in two weeks. But before you bring out the hankies, Peter Larsen, the tutor, might be persuaded to return next year for a poetry class. Let's try and be really persuasive. At this point it is appropriate to thank Peter for his highly successful class and seriously wish his return.

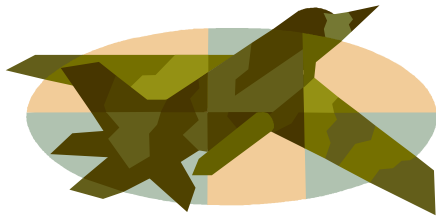
Italian

Mrs. Lea Aminde has resigned and we will have a new tutor starting on Monday 23rd August. This will be Mr. Mario Vitelloni, who at the moment is in Italy. This class has very dedicated students. This was demonstrated by the fact that even when there was no tutor they continued to meet every week, doing their homework, reading and conversing with the help of Claudia. So a gold star goes to all the Italian Students.

Shakespeare

This class will re start on 18th August when Jacqui will return from her trip to Canada.





Current Affairs

We love to blow our own trumpet and helping us to do this is Mr. Arnis Werbickis. Arnis runs the Current Affairs class every second Thursday from 10.00 – 12.00 pm at Fairfield, where discussions are held on such topics as; Politics, Gambling and anything that could be the flavour of the month.

Singing / Painting / Computer Classes

Advertising by SPAN for these classes has attracted more new members. If you would like to join or participate, please phone Claudia who will be happy to help you.

Growing and Expanding

Darebin U3A fills a very important role in the community. It is a vehicle that is used for social and learning activities. It is important that Darebin U3A continues as there is nothing else in the area to fill its role. The Government recognises this and that is why we receive money from them on a quarterly basis to meet our expenses. The City of Darebin recognises this and that is why they subsidises us by way of venues to hold our classes. I am very passionate about the community supporting and nurturing its elderly citizens. But there is also space for the elderly citizens to stand up and support themselves. **Darebin U3A is at crisis point.** Earlier I mentioned some committee members that will be resigning. If there is no committee, there is no funding and there is no Darebin U3A. A lot of people depend on these classes for the social interaction. Others don't as they still lead extremely busy lives. If you think you could take on some of the duties of a role but not all of them please let us know. In the modern business world this is called job sharing. Job sharing is good, as it reduces the stress level of what is expected and remember a burden shared is a burden halved. We need to hear from interested people soon so that you can be trained and shown what is expected of the person performing the role.

We belong to a cluster. The other member of our cluster is Hume (the City of Broadmeadows and its surrounds). Darebin U3A helped set Hume up. How ironic is it that we now turn to Hume for help. Members of Hume told me the other day they have 14 members on their committee. They said this with a great deal of pride. There is a lot of sharing and caring in that organisation. We need to expand our horizons. The council has decided that we need to have an office administration at Fairfield Railway Station. Our membership seems to have fallen because of this decision. We need to build up our membership dramatically. This may mean trying to locate premises where we can hold more classes closer to the Preston area. If you know this is to be the case please phone us and tell us so that we may approach Council with some authority. It is always best to say I know so rather than I think so!

We appeal to our membership now for help, because without your help there will be no Darebin U3A next year.



The Editor

(That would be me – Sue Biggin.)